

National Alliance of Youth Sports Offers SportsEdTV Linked Practice Plans to Its Membership

SportsEdTV's Wide Library of Instructional Videos Linked to Co-Branded NAYS Practice Plans



TEAM:

DATE:

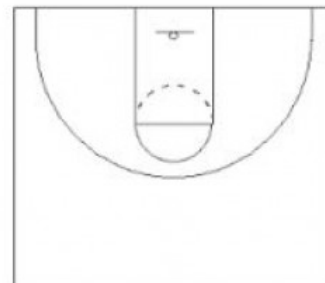
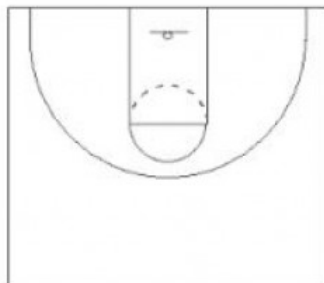
GOALS:

SESSION 3

SUGGESTED PRACTICE TIME (75-90 MIN)

LEVEL: INTERMEDIATE

WARM-UPS	DYNAMIC WARMUP	LAYUP LINES	BLOCK TO BLOCK FINISHING	TIM HARDAWAY CROSSOVER DRIBBLING SERIES
PLAYERS	INDIVIDUAL	INDIVIDUAL	PAIRS	INDIVIDUAL
EQUIPMENT	N/A	2 BALLS	2 BALLS PER PAIR	1 BALL PER PLAYER
RUN TIME	FULL SEQUENCE, FULL OR HALF COURT	5 MIN EACH SIDE	FULL SEQUENCE FOR TIME OR MAKES	FULL SEQUENCE, STATIONARY & MOVING, FULL OR HALF COURT OPTION
VIDEO INSTRUCTION	 SCAN OR CLICK TO WATCH	 SCAN OR CLICK TO WATCH	 SCAN OR CLICK TO WATCH	 SCAN OR CLICK TO WATCH



NOTES:

Youth Sports (NAYS) are immediately offering practice plans linked to the deep library of SportsEdTV's cinema-quality sports instructional videos.

The lesson plans ([basketball](#) and [soccer](#)) are available to the NAYS community, comprising thousands of coaches.

Kathy Nematollahi, NAYS Director of Education Programs, said, "putting together practice plans is one of the most time-consuming responsibilities of a volunteer youth sports coach. SportsEdTV is lending a hand by sharing several practice plans with links to their high-quality sports skill videos. These printable practice plans are great resources we are proud to provide to NAYS Coach members."

"In our first phase we concentrated on basketball and soccer at NAYS request, though we're moving to produce similar linked practice plans featuring schematics of our world-class coaches and linked to our aggregated instructional videos on the topics," added Victor Bergonzoli, CEO SportsEdTV.

The National Alliance for Youth Sports (NAYS) educates, equips, and empowers youth sports leaders, volunteers and parents so all children can enjoy the lifelong benefits of sports. NAYS, a nonprofit 501(c)(3) organization, partners with several thousand community-based organizations.

NAYS develops training courses, membership tools, unique programs, guiding documents, and many trusted resources to ensure quality youth sports experiences that are memorable for all the right reasons.

About [SportsEdTV](#): [SportsEdTV](#) exists to help athletes, coaches and parents LEARN, WIN, and CELEBRATE. We don't expect everyone who uses our learning tools to become a world champion - that's not our mission.

We do expect people who use our educational resources to become their champion, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it's becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness. "

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents, and coaches can interact, connect, chat, share content and find new friends. [SportsEdTV](#) videos feature coaching from world-class coaches and athletes - many of whom are or have coached world champions - and have been watched by viewers in every country in the world.

Media Contact

SportsEdTV

rmazzucchelli@sportsedtv.com

Source : SportsEdTV

[See on IssueWire](#)