

Dawn M. Grosser, MD, an Orthopedic Surgeon with Plano Orthopedic & Sports Medicine Center

Get to know Orthopedic Surgeon Dr. Dawn M. Grosser, who serves patients in Plano, Texas.



New York, New York City, Nov 2, 2021 ([IssueWire.com](https://www.issuewire.com)) - Dr. Grosser is a subspecialty trained orthopedic surgeon affiliated with Plano Orthopedic & Sports Medicine Center. She treats a variety of foot and ankle disorders, including trauma, fractures, sports injuries, and adolescent issues, as well as arthritis, diabetes, and reconstructive surgery for deformities.

Committed to working with each patient to pursue the best treatment plan for their musculoskeletal issues in terms of their life, their schedule, and their treatment goals, she also uses other modalities, including PRP and stem-cell treatments when appropriate.

The doctor has a particular interest in working with patients on simple changes they can make to improve some problems in their feet, including detailed guidance on the best shoes and inserts for each patients' particular situation, as well as diet changes and supplementation that can lessen inflammation for arthritic joints or in healing after trauma.

Growing up in Kansas City, Missouri, Dr. Grosser obtained a Bachelor of Arts degree in Religion from Baylor University in 1994. She graduated with her medical degree from Yale Medical School in 2000 and finished her residency in orthopedic surgery at Yale-New Haven Hospital, before completing her fellowship at the Mayo Clinic.

In pursuit of clinical excellence, she is board-certified in orthopedic surgery by the American Board of Orthopedic Surgery (ABOS). The ABOS is an organization with the goal of establishing educational and professional standards for orthopedic residents and surgeons as well as evaluating the qualifications and competence of orthopedic surgeons.

Prior to joining Plano Orthopedic, Dr. Grosser practiced for 13 years as a foot and ankle surgeon at South Texas Bone & Joint in Corpus Christi.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

Among her various accolades, Dr. Grosser has been the recipient of the Patients' Choice Award (2009, 2008).

Happily married, she and her husband have two children and a dog named Ruby. She is fluent in both English and Spanish.

Learn More about Dr. Dawn M. Grosser:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3013431-Dawn-Grosser-Orthopedist> or through Plano Orthopedic & Sports Medicine Center, <https://www.posmc.com/physicians/dawn-m-grosser-m-d/>

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