

Scott A. Roteman, MD, a Physiatrist with Caring Hands Medical Care, PC

Get to know Physiatrist Dr. Scott A. Roteman, who serves patients throughout the State of New York.

New York, New York City, Oct 11, 2021 ([IssueWire.com](https://www.issuewire.com)) - With over 25 years of experience treating patients who are in pain, Dr. Roteman is in practice at Caring Hands Medical Care, PC, with locations in Brentwood, and Shirley, New York. He specializes in physical therapy, chiropractic, and trigger point injections.

Caring Hands Medical Care, PC has been serving the Long Island community for over a decade. They offer a multi-disciplinary approach that includes physical therapy, chiropractic, and acupuncture all under one roof. They pride themselves on the relationships they have with their patients, their community, and other doctors practicing in their community.

Dedicated to helping his patients conquer the devastating effects of severe pain whether it be the result of traumatic injury or systemic disease, his goal is to design a treatment regimen that will enable his patients to attain the highest quality of life possible.

Back in 1985, Dr. Roteman graduated with his medical degree from the Universidad Autónoma de Guadalajara Facultad de Medicina in Mexico. He went on to complete his residency in internal medicine at New York-Presbyterian Queens Hospital in 1989.

His diverse clinical training ranges from treating villagers in rural Mexico to studying modern acupuncture techniques along with ancient Chinese medicine in the Ivory towers of Harvard University.

Physical therapy (PT), also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, electrotherapy, shockwave modality, exercise prescription, joint mobilization, and health education, treats conditions such as chronic or acute pain, soft tissue injuries, cartilage damage, arthritis, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapy is used to improve a patient's physical functions through physical examination, diagnosis, prognosis, physical intervention, rehabilitation, and patient education. It is practiced by physical therapists (known as physiotherapists in many countries).

On a more personal note, Dr. Roteman is fluent in both English and Spanish.

Learn More about Dr. Scott A. Roteman:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3292866-Scott-Roteman-Sports-Medicine-Specialist> or through Caring Hands Medical Care, PC, <https://www.caringhandsmedicalcare.com/our-staff/dr-scott-roteman/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Scott A. Roteman, MD

[See on IssueWire](#)