

Laura Lile, MD, R.Ph., a Preventive Medicine Specialist with Lile Wellness Partners

Get to know Preventive Medicine Specialist Dr. Laura Lile, who serves patients in Grosse Ile, Michigan.



New York, New York City, Oct 4, 2021 ([Issuewire.com](https://www.issuewire.com)) - Dr. Lile has devoted more than three decades to developing, teaching, and practicing the principles of preventative healthcare and wellness. She is the Founder of her private practice, Lile Wellness Partners, in Grosse Ile, Michigan.

Founded in 2008 as Island Medical Practice, Lile Wellness Partners provides an integrated approach to patient's health and wellness. It is able to partner with patients to help with preventative health as well as restoring hormonal balance with regards to aging. Each patient consultation provides a comprehensive look at all aspects of a patient's health and wellness. Preventative health-care markers are also key in helping with customizing a treatment plan for each patient that is unique for their specific needs. They partner with patients to ensure they are fully educated and active in their approach to aging.

A true pioneer and leader in the preventative health industry, focusing on care for patients at any level of health, Dr. Lile continuously strives to take her already grand vision to the next level. She currently has a training center in the new headquarters for practitioners who are looking to transition to learning 21st Century wellness care.

Over the years, her reputation as an expert in the bioidentical hormone replacement therapy field has grown to encompass a global reputation for her larger, more impactful role as a medical quarterback and problem solver. Her expertise in taking on complex cases, coordinating care, and taking the lead position in her patients' medical teams, and her methodical problem-solving skills, have caused her to be one of the most sought-after concierges and consulting physicians in the U.S.

Back in 1987, Dr. Lile graduated summa cum laude with her Bachelor of Science degree in Pharmacy from The Ohio State University and was inducted into the Alpha Omega Alpha Honor Society. She then went on to earn her medical degree from The Medical College of Ohio in 2001.

With an unwavering commitment to her specialty, the doctor is board-certified in preventive medicine by the American Board of Preventive Medicine, a member of the American Board of Medical Specialties that issues "certificates of special knowledge" in the specialty of preventive medicine.

In good standing with a number of professional organizations, she is an active member of the International Academy of Compounding Pharmacists, the American Academy of Family Physicians, the Michigan Medical Association, and the American Medical Association.

As both a board-certified medical doctor and registered pharmacist, Dr. Lile has the distinct honor of being one of the only dual credentialed compounding pharmacists and preventative health medical doctors in the world. She has the unique ability to personalize each patient's prescriptions and oversee the creation of the customized formulation at the on-site compounding pharmacy. Her unique training in age management helps to shift the emphasis from disease-driven medicine to a focus on optimal health utilizing a proactive, preventative healthcare approach.

The go-to health care provider for A list celebrities, world-renowned CEOs, and major athletes as clients while also serving the general public, Dr. Lile works tirelessly for her clients to feel comfortable and intuitive about their body at any level and considers her doctor-client relationship as a true partnership. She practices with the intent for her clients to never feel alone, and to diminish the fear that can come with health challenges as well as to win the game of life. She is on the offensive medicine while everyone else is playing defense.

Often sought out as a speaker on both national and international stages, her passion for helping others

is apparent when speaking to educate groups about the benefits of taking control of their personal health and wellness with her unique approach to preventative health. She has used her talents to combine the art and science of health care by providing solutions to individualized patient problems using data-driven trend analysis to guide patients to optimal health and wellness, ensuring they are getting to the root cause of their illness. Her approach can benefit any patient, anywhere and her mission is to effectively change how health care is delivered, one patient at a time.

Preventive medicine is a medical specialty recognized by the American Board of Medical Specialties (ABMS), which focuses on the health of individuals and communities. The goal of preventive medicine is to promote health and well-being and prevent disease, disability, and death. A preventive medicine specialist focuses on the health of individuals and defined populations in order to protect, promote, and maintain health and well-being, and to prevent disease, disability, and premature death.

Learn More About Dr. Laura Lile:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2802774-Laura-Lile-Family-Practitioner> or through Lile Wellness Partners, <https://www.lilewellness.com/about-lile-wellness-partners/lile-wellness-partners/>

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