

Jawad Riaz, MD, a Psychiatrist with Eximious Integrated Health Solutions

Get to know Psychiatrist Dr. Jawad Riaz, who serves patients throughout the State of Texas.



New York, New York City, Oct 12, 2021 ([Issuewire.com](https://www.issuewire.com)) - A trusted psychiatrist, Dr. Riaz is the Medical Director of Eximious Integrated Health Solutions, with offices in Allen, and Sherman, Texas.

In his practice, he focuses on comprehensive and extensive psychiatric evaluations and treatment plans specific to individual needs with the goal of promoting lifestyle balance and mental wellbeing. He has

significantly earned the reputation of treating patients with all psychiatric issues ranging from depression, mood disturbances, bipolar disorder, panic, social anxiety, OCD, psychosis, paranoia, schizophrenia, sleep problems, attention problems, PTSD, as well as troubles with work and relationships.

With over 14 years of experience in the field, Dr. Riaz has often been inspired by patients' resilience, creativity, and innovation in solving complex problems and in navigating shared decisions between patient and physician.

A native of Pakistan, he completed his medical training at the King Edward Medical University. Early during medical school, he became enthusiastic about pursuing combined training in internal medicine and psychiatry. After relocating to the United States, he completed his residency in psychiatry at the Mount Sinai School of Medicine, Cabrini Medical Center, and his fellowship at the University of Mississippi Medical Center, Jackson.

Subsequent to his education, the doctor attained board certification in psychiatry and sleep medicine through the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Holding membership status, Dr. Riaz is an active member of the American Psychiatry Association, the American Medical Association, the American Association of Sleep Medicine, and the American Association of Addiction Medicine.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Among his various accolades, Dr. Riaz has been the recipient of the Patients' Choice Award (2018, 2017), On-Time Doctor Award (2018, 2017), and Compassionate Doctor Recognition (2018, 2017).

Learn More about Dr. Jawad Riaz:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3006387-Jawad-Riaz-Sleep-Medicine-Specialist> or through Eximious Integrated Health Solutions, <https://eximioustx.com/dr-jawad-riaz/>

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clientservice@yourhealthcontact.com

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