

# HydraTech Is Redefining How We Use Water In Workouts

**Why Just drink it when you can use it? The new water driven innovative approach to physical fitness**

**Thailand, Chiang Mai, Oct 24, 2021 ([IssueWire.com](https://www.issuewire.com))** - HydraTech is the world's first patent-pending ultra-portable water-weighted training vest. Born out of the necessity to remain active during the quarantine in the pandemic, HydraTech was created to utilize the thing we all use water.

The HydraTech vest comes complete with six bursts of free and drink-friendly water sleeves that hold up to 25 pounds of water. The water weight cutting edge technology moves with your body while stimulating and stabilizing core muscles.

Leakproof, portable, travel-friendly (reduces to 3.5 pounds for easy travelling), and suited for a wide variety of rigorous workouts, HydraTech is designed to cater to even the training regimens of professional athletes.

Highly functional without compromising on comfort, one Hydratech purchase comes complete with 6 specially designed TPU Water Sleeves, 1 HydraTech military-grade nylon vest, and 4 military-grade Nylon Straps.

Freeze the packs to maintain constant cooling while training, drink them to stay hydrated, or easily adjust weights to suit training needs. Whatever you choose, HydraTech's dynamic design suits all your fitness needs.

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