## **Hendrick Kganyago Soccer Coach**

Hendrick Kganyago talk about soccer and his exclusives techniques ,soccer coach located in South Africa



**Gauteng, Alberton, Oct 17, 2021 (Issuewire.com)** - <u>Hendrick Kganyago</u> - By reading the ballast action, the coach can guide the player to improve the technique. The instructive progression for a ball-rolling player is to get him to put his body on its dominant and non-dominant sides and then reverse.

The second most important thing in football is the quick passing game. If the other team swarms to the ball, the next pass will go to a player running into another open space.

<u>Hendrick Kganyago</u> - Since the passing game involves transferring the ball to a teammate, it is important that players are trained to know what their teammate is searching for. Every time you get a pass from a teammate, you have to know where the ball is. If you need 5 minutes to control the ball, you can be sure that your teammate will not give the ball back to you.

The ability to carry the ball across the field without defenders is a crucial part of becoming a better footballer. Speed, balance, endurance, agility, and body control are all essential factors that make a footballer successful in dribbling.

<u>Hendrick Kganyago</u> The idea is that a footballer's dribbling skills become second nature so that he or she can perform the necessary moves in any given situation in due course.





## **Media Contact**

Hendrick Kganyago

Hendrick.kganyago1@gmail.com

Source : Hendrick Kganyago Sports Coaching Company

See on IssueWire