

## **Eric Freeman, DO, a Pain Management Specialist with Redefine Health Orthopedic Pain & Spine Center**

Get to know Pain Management Specialist Dr. Eric Freeman, who serves patients throughout the State of New Jersey.



**New York, New York City, Oct 21, 2021 ([IssueWire.com](https://www.issuewire.com))** - A highly trained pain management specialist, Dr. Freeman is the Founder and Medical Director of Redefine Health Orthopedic Pain & Spine Center - previously known as Freeman Spine & Pain Institute.

Redefine Health Orthopedic Pain & Spine Center is a convenient and comprehensive pain management clinic with six locations in Union, Edison, Clifton, Paterson, West Caldwell, and Teaneck, New Jersey. They are the premier pain management and physical therapy practice in New Jersey. Their dedicated staff and sports injury specialists provide natural relief without the risks and downtime associated with surgery by prioritizing non-surgical and interventional procedures.

Specializing in minimally-invasive spinal procedures, as well as non-surgical orthopedic care, Dr. Freeman is an expert in treating patients with all types of pain conditions, with a focus on spine disorders, degenerative and herniated discs, as well as on arthritic joints and sport medicine injuries.

In regards to his educational background, he holds a Bachelor of Science degree from the University of Delaware. He graduated with his Doctor of Osteopathic Medicine degree from New York College of Osteopathic Medicine and completed his residency in physical medicine and rehabilitation at UMDNJ John F. Kennedy / Johnson Rehabilitation Institute. He then went on to complete his fellowship in interventional pain management of spine disorders at the Florida Spine Institute.

Distinguished as a Fellow of the American Academy of Physical Medicine and Rehabilitation and Fellow of the Interventional Pain Practice, the doctor is board-certified in pain medicine by the American Osteopathic Board of Anesthesiology (AOBA). The AOBA is an organization that provides board certification to qualified Doctors of Osteopathic Medicine who specialize in the administration of anesthetic agents and perioperative medicine.

To boot, Dr. Freeman is board-certified in physical medicine and rehabilitation by the American Osteopathic Board of Physical Medicine and Rehabilitation (AOBPMR). The AOBPMR is an organization that provides board certification to qualified Doctors of Osteopathic Medicine who specialize in the treatment of patients with physical impairments or disabilities.

Among his professional affiliations, he is an active member of the New Jersey Society of Physical Medicine and Rehabilitation, the American Society of Interventional Pain Physicians (Immediate Past President), the New Jersey Society of Interventional Pain Physicians, the International Spinal Injection Society, the American Interventional Headache Society, the Society of Practice Pain Management, and the World Institute of Pain.

Involved in the education of other physicians, along with the best injury doctors, Dr. Freeman performs lectures and publishes textbook chapters for Board Certification testing. By attending and conducting numerous seminars in the field of interventional pain management and minimally-invasive spine techniques, he continues to be at the forefront in the treatment of all spine and pain disorders.

Pain management is a branch of medicine employing an interdisciplinary approach for easing suffering and improving the quality of life of those living with chronic pain. A pain management specialist is a doctor who specializes in pain medicine, focusing on the evaluation, treatment, and prevention of pain.

As a leading pain management doctor, Dr. Freeman is well-recognized in the field of pain management, being listed as one of "America's Top Physicians".

### **Learn More about Dr. Eric Freeman:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/853895-Eric-Freeman-Pain-Management-Specialist> or through Redefine Health Orthopedic Pain & Spine Center, <https://redefinehealthcare.com/eric-freeman/>

### **About FindaTopDoc.com**

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

### **Media Contact**

Your Health Contact

[clientservice@yourhealthcontact.com](mailto:clientservice@yourhealthcontact.com)

Source : Eric Freeman, DO

[See on IssueWire](#)