

Christos Paras, DO, FACP, an Endocrinologist with NYU Langone Hospital - Long Island & Brookdale University Hospital Med

Get to know Endocrinologist Dr. Christos Paras, who serves patients in New York.



New York, New York City, Oct 6, 2021 ([Issuewire.com](https://www.issuewire.com)) - An established endocrinologist, Dr. Paras

is an attending physician with The Endocrine Surgery Program at NYU Langone Hospital - Long Island & Brookdale University Hospital Medical Center.

The Endocrine Surgery Program at NYU Langone Hospital—Long Island provides comprehensive care to patients requiring surgery for endocrine disorders of the thyroid, parathyroid, adrenal, and pancreas. Working with their colleagues in endocrinology, pathology, nuclear medicine, gastroenterology, and radiology, they have developed a multidisciplinary approach to maximize the outcomes for their patients.

The Brookdale University Hospital and Medical Center are committed to being the focus of a healthy community, stressing the organization's values of caring and respect for everyone. They strive to provide quality, cost-effective health care, addressing the needs of their community.

Born and raised in Brooklyn, New York, Dr. Paras is a first-generation Greek-American. He received his Doctor of Osteopathic Medicine degree from the New York College of Osteopathic Medicine in 2004. He then completed his internship and residency in endocrinology, diabetes & metabolism at SUNY Health Science Center at Brooklyn in 2007 and 2010, respectively.

A Fellow of the American College of Physicians (FACP), the doctor is board-certified in endocrinology, diabetes & metabolism, and internal medicine by the American Osteopathic Board of Internal Medicine (AOBIM). The AOBIM is an organization that provides board certification to qualified Doctors of Osteopathic Medicine (D.O.) who specialize in the prevention, diagnosis, and treatment of disease in adults (internists).

Moreover, he is a board-certified specialist in clinical hypertension by The American Hypertension Specialist Certification Program, which was formed by the American Society of Hypertension in 1998 in response to the growing recognition that the hypertension problem requires the coordinated effort of front-line health care providers and those physicians with documented expertise in managing hypertension.

As for his academic appointment, Dr. Paras serves as an Assistant Professor of Medicine at the Frank H. Netter School of Medicine at Quinnipiac in North Haven, Connecticut. He has also taught medical board review programs throughout the United States and Canada and is an instructor in Kaplan's popular live, online review programs.

A skilled writer, he is the author of a series of books titled "The Chronicles of Atlantis". His interest and passion for medicine are paralleled by his love of history and mythology. His focus has consistently been the origins of the most ancient civilizations and their respective mythologies, and what their influence has been on the modern world. His studies on the parallels and contrasts of mythological heroes and villains, and their socio-political foundations inspired much of this series.

Endocrinology is a branch of biology and medicine dealing with the endocrine system, its diseases, and its specific secretions known as hormones. Endocrinologists have the training to diagnose and treat hormone imbalances and problems by helping to restore the normal balance of hormones in the body. The common diseases and disorders of the endocrine system that endocrinologists deal with include diabetes mellitus, as well as adrenal, pituitary, and thyroid disorders, among others.

Among his most notable achievements, Dr. Paras has been the recipient of the Patients' Choice Award (2014, 2013), On-Time Doctor Award (2014), and Compassionate Doctor Recognition (2013).

Learn More about Dr. Christos Paras:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82145835-Christos-Paras-Endocrinology-Diabetes> or through NYU Langone Health, <https://www.endocrineny.com/specialists.php>

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