

Ashley Lane-Brunjes, DC, MS, Chiropractic Physician and Owner of Back On Track Chiropractic, LLC

Get to know Dr. Ashley Lane-Brunjes, a chiropractic physician who serves patients in Labadie and the surrounding counties of Missouri.



New York, New York City, Oct 7, 2021 ([IssueWire.com](https://www.issuewire.com)) - Get to know Dr. Ashley Lane-Brunjes, a chiropractic physician who serves patients in Labadie and the surrounding counties of Missouri.

Dr. Brunjes is a board-certified chiropractor with Back On Track Chiropractic, LLC, in Labadie, Missouri. She specializes in decompression, chiropractic adjustments, laser, rehabilitation exercise, Kinesio Taping®, and the Graston Technique. Dr. Brunjes works with the whole family and has special expertise in providing chiropractic care for pediatric patients and pregnant women.

“Her experiences have given her a great opportunity to learn to care for a wide variety of ailments from which her patients may suffer. Dr. Brunjes’ mission is to restore health through natural chiropractic care, allowing her patients to live their lives to the fullest”, states the official website of Back On Track Chiropractic, LLC.

Dr. Brunjes received her Bachelor of Science degree in Human Biology in 2005 at Logan College of Chiropractic, where she further completed a 4-year intensive program as a Doctor of Chiropractic in 2008. Dr. Brunjes then enrolled in the Logan Intern Program and completed an additional internship program at the Jefferson Barracks VA Hospital. She then obtained her Master of Science degree in Sports Science and Rehabilitation from Logan University in 2009.

Board-certified by the National Board of Chiropractic Examiners, Dr. Brunjes participates in the local MOPS group. She is a member of the American Chiropractic Association and the recipient of the Women of Distinction Award.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, particularly relating to the spine. A chiropractor uses spinal adjustments, physical therapy, nutritional therapy, and rehabilitative exercise to manage patients’ health concerns, such as neck pain, back pain, headaches, vertigo, and sciatic neuritis as well as many other musculoskeletal conditions. They aim to improve patients’ functionality and quality of life by properly aligning the body’s musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Prior to her current endeavors, Dr. Brunjes served as the Strength and Conditioning Coach for Women’s Volleyball Team at East Central College (2009), member of several local Chambers of Commerce, District 1 Representative for the Missouri State Chiropractic Association, member of the Three Rivers Business Women of Missouri, and member on the Franklin Co. Farm Service Agency Board.

Learn More about Dr. Ashley Lane-Brunjes: Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/978193-Ashley-Brunjes-Chiropractor-Pediatric>, or through Back On Track Chiropractic, LLC, <http://backontrackmo.com/meet-the-doctor>

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Source : Ashley Lane-Brunjes, DC, MS

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