

Angela M. Vélez, MD, a Psychiatrist with The Psychosomatic Institute of San Antonio

Get to know Psychiatrist Dr. Angela M. Vélez, who serves patients in San Antonio, Texas.



New York, New York City, Oct 1, 2021 ([Issuewire.com](https://www.issuewire.com)) - A board-certified psychiatrist, Dr. Vélez works at The Psychosomatic Institute of San Antonio. She has expertise in treating patients with neurological conditions and psychiatric comorbidities as well as diagnosing and treating sleep disorders.

The Psychosomatic Institute of San Antonio is a private mental health group dedicated to providing

personalized services to children, adolescents, adults, and senior citizens in San Antonio and surrounding areas. In addition to general psychiatric services, it strives to improve mental health for those who suffer general medical illnesses and have psychiatric symptoms or complications.

Academically, Dr. Vélez completed medical school at the Instituto de Ciencias de la Salud “CES” in her country of origin, Colombia. She then moved to San Antonio, Texas where she completed her residency training in psychiatry in 2005 and two fellowships, in geriatric psychiatry in 2006 and clinical neurophysiology in 2007, at the University of Texas Health Science Center.

Following her training, the doctor attained board certification in psychiatry and sleep medicine through the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Prior to her current engagement, Dr. Vélez worked as an Assistant Professor within the Department of Neurology at the University of Texas Health Science Center for seven years. There, she worked extensively with patients with neurological conditions and psychiatric comorbidities. During that time, she was the Medical Director of the Sleep Lab at University Hospital where she interpreted polysomnograms as well as MSLTS on a daily basis.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

On a more personal note, Dr. Vélez is fluent in English and Spanish.

Learn More about Dr. Angela M. Vélez:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1887813-Angela-Velez-Geriatric-Psychiatrist> or through The Psychosomatic Institute of San Antonio, <http://psisatx.com/Staff-PSI.aspx>

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