

Flotation therapy in Pune,India has a brand new address

Float therapy is a new age antidote for a quick digital and mental detox to relax, rejuvenate, recharge your body and mind in near zero gravity. One 60-90 mins float session helps to cope up with stress, anxiety and pain in our day to day lives.



FLOAT THERAPY

THE MOST EUPHORIC
EXPERIENCE FOR YOUR
BODY AND MIND

Maharashtra, Pune, Sep 10, 2021 ([Issuewire.com](https://www.issuewire.com)) - About one and a half years ago, 'normal life' as we know it came to an abrupt halt. Everything shut down and all of us were forced to remain confined within the four walls of our homes. Naturally, the never seen before nor predicted pandemic took a toll on people physically, mentally and emotionally. It was as though we're living in a dystopian film setting,

only this time it was real.

What unfolded in the coming months was heightened levels of anxiety due to increased workload, no time for a digital transition and everyone needing some sort of clarity but getting none. Today, it is difficult to find a single person who is not stressed about something, be it a healthy young child or a senior citizen. Health is of paramount importance and so is relaxation.

Gripped by the pandemic, Shalom Float and Wellness Centre, India's first dedicated Floatation Therapy Centre also closed abruptly in March 2020. At Shalom, the one thing that's common is the testimony of people who've floated. Some are relieved from muscle soreness, some have decreased back and neck pains, some are gushing about their glowing skin and some are excited to pursue their dreams after getting their undivided me-time. Sensing the immense contribution that Flotation Therapy can provide in times like these, on 15th August 2021, the centre reopened to welcome customers in accordance with all government guidelines and safety protocols. Previously based in Koregaon Park, it has now shifted to Aundh towards west Pune.

Incorporated in 2015, Shalom Float and Wellness Centre is India's first dedicated Floatation Therapy Centre that offers a luxurious way to soothe and heal the body from constant stress. With an experience of over 5 years in the wellness industry, this time around it's bigger and better by adding a variety of services to its portfolio.

- Relaxoroom - Starlit the sky for near zero-gravity outer space experience
- Far infrared full body sauna
- Far infrared foot sauna
- Halo Therapy or Salt therapy
- PEMF therapy

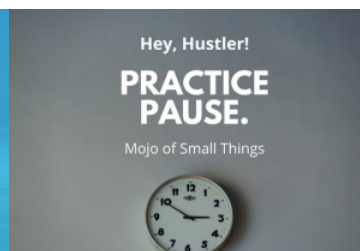
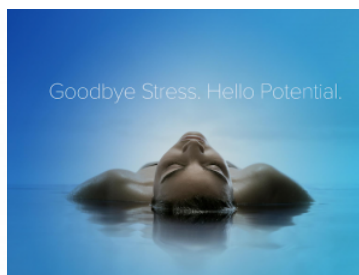
Mr Binny Paul, Founder & CEO commented, "We are glad to be back and welcome customers for a holistic relaxation experience after the lockdown and the current circumstances that have taken a toll on most of us. We look forward to offering our services for the maximum benefit of our customers while adhering strictly to all safety protocols." He is extremely passionate about Flotation and the different therapies and is always available to chat about the interesting benefits of the Therapy or clear any doubts or queries.

Safety procedures including temperature checks for employees, the use of hand sanitizer and masks and social distancing protocols such as limiting the number of people in the wellness centre have been implemented.

Experience a unique way of relaxation like never before! For bookings, please visit www.shalomfloatspa.com

About Shalom Float and Wellness Centre:

Shalom Float and Wellness centre is the first dedicated float centre to open in India at Pune. It provides Floatation therapy in a sensory deprivation tank known as Relaxopod (the pod is in the form of an oyster shell) and Relaxoroom (Open float tank) to relax and rejuvenate in zero gravity. Other services include Far infrared full body sauna and foot sauna, Halo or salt therapy. Membership schemes are available with combo offers including Corporate wellness packages and Gift Vouchers.



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Source : Shalom Float and wellness centre

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