Wonderful new book, Mommy's Treasure, explores mental health in a fun approachable way

Join the quest to find the true value of life with Katrin Johann's new children's book "Mommy's Treasure"



Pennsylvania, Philadelphia, Aug 12, 2021 (Issuewire.com**)** - Icelandic children's book author, **Katrin Johanns**, is on a mission to improve mental health by using literature as a means of early intervention. Her new book "Mommy's Treasure" is a touching story of family, love, friendship, and the

true meaning of wealth.

Mommy's Treasure

Little Lilly knows her Mommy has treasure hidden somewhere, but she just can't find it. She suspects that her Mommy couldn't possibly own a great fortune as they don't live in a castle or own a fleet of ships, but nonetheless, she goes in search throughout her house, looking high and low. Where would she possibly hide it?

Johanns' book follows the journey of Lilly as she uncovers the real meaning behind her mother's treasure. It is a beautiful tale to teach young children that happiness is not found in material things but in the warmth and comfort of family and friends. It is the perfect story for parents wishing to show their children that loving and being loved is the most valuable treasure in life.

'Raising kids in a fast-paced, competitive world is hard,' says Johanns. 'We are constantly pressured into buying the latest clothes, toys, gadgets… just to feel like we belong!'

'With this book, I want to teach children to be content and thankful for what they have from a young age so that they can grow to find joy outside of material things and not feel pressured into constantly owning the newest, trendiest things.'

By writing a book for young children, Johanns hopes to instill confidence and an understanding that material things do not dictate a person's worth at a young age.

"Mommy's Treasure" was officially launched at a festival called "A Celebration of Good News" in July 2021.

You can order Mommy's Treasure today on amazon.com, barnesandnoble.com, and austinmaccauly.com.

About the Author

Katrin Johanns is a children's author based in Iceland. She is passionate about mental health and promoting early intervention to ensure the next generation learns and grows to appreciate the benefits of having good mental health.

She writes to share genuine, heartfelt messages with her readers that she hopes will inspire them into the future.

Media Contact

For further inquiries, please contact Katrin Johanns through Parchment Global Publishing:

Email: info@parchmentglobalpublishing.com

Phone: 1-888-266-0922 or 1-610-6863223





Media Contact

Parchment Global Publishing

mialopez@parchmentglobalpublishing.com

Source : Katrin Johann

See on IssueWire