

Perla P. Castillo-Caraos, MD, a Psychiatrist with New York City Children's Center - Queens Campus & South Beach Psychiat

Get to know Psychiatrist Dr. Perla P. Castillo-Caraos, who serves patients in New York.

New York, New York City, Aug 5, 2021 ([Issuewire.com](https://www.issuewire.com)) - Dr. Castillo-Caraos is a New York-based psychiatrist with over four decades of experience in her field. She is currently affiliated with New York City Children's Center - Queens Campus & South Beach Psychiatric Center.

The mission of the New York City Children's Center (NYCCC) is to provide a comprehensive array of behavioral health care services to youth with serious emotional disturbances that help foster recovery and successful functioning in the home, school, and community. NYCCC offers a full range of programs and services including inpatient hospitalization, behavioral health clinic, day treatment/intensive day treatment, intensive case management, crisis intervention, learning resource center, community respite, and youth and family support within a safe and therapeutic environment.

South Beach Psychiatric Center provides intermediate-level inpatient services to persons living in western Brooklyn, southern Staten Island, and Manhattan south of 42nd Street. The center also operates a specialized eight-bed inpatient unit for monolingual Chinese persons from Brooklyn, Queens, and Manhattan who are in need of intermediate care.

A graduate of UERMMMC College of Medicine in the Philippines, Dr. Castillo-Caraos is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Perla P. Castillo-Caraos:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/894659-Perla-Castillo-Caraos-Adolescent-Psychiatrist>

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