

## **Paul Vessa, MD, an Orthopedic Surgeon with New Jersey Spine Institute**

Get to know Orthopedic Surgeon Dr. Paul Vessa, who serves patients throughout the State of New Jersey.



**New York, New York City, Aug 18, 2021 ([Issuewire.com](https://www.issuewire.com))** - A board-certified orthopedic surgeon, Dr.

Vessa is the Medical Director of New Jersey Spine Institute, where he works alongside Dr. James Dwyer, MD.

He specializes in interbody reconstruction procedures of the lumbar and cervical spine, with a special area of interest in reconstructive surgery of the spine, treating all aspects of the spine in the cervical, thoracic and lumbar spine.

His practice includes a full spectrum of conservative and surgical spine treatment modalities, including diagnostic and therapeutic spine injections, minimally invasive spine surgery including outpatient laminectomy/discectomies, as well as a full complement of reconstructive and trauma surgeries for the cervical, thoracic, and lumbar spine.

Although proud of his accomplishments and credentials, Dr. Vessa takes personal responsibility for the well-being of his patients. He strives to return patients back to their pre-injury level of activity as soon as possible, with the utmost respect for the patients' previous lifestyle. He continuously strives to improve upon the type and complexity of the spine surgery procedures he utilizes, and works closely with his staff to provide only the finest medical care.

New Jersey Spine Institute is a comprehensive orthopedic surgery center led by Drs. Dwyer and Vessa. They believe that the first step in successfully treating back pain with long-term relief is establishing a clear and accurate diagnosis and detailed treatment plan. They take the time to truly get to know the circumstances and lifestyles of their patients, in order to develop a comprehensive approach to treat conditions properly the first time.

Maintaining full privileges at Somerset Medical Center, Dr. Vessa also has consultant privileges at Hackettstown Community Hospital. He is the former Assistant Director of Spine Surgery at Jersey City Medical Center and Assistant Clinical Professor of Orthopedic Surgery at UMDNJ-New Jersey Medical School.

Completing his Bachelor of Science degree at Lafayette College, Dr. Vessa earned his medical degree at Rutgers New Jersey Medical School, with honors in medicine, surgery, pediatrics, critical care, and orthopedics. He then went on to complete his training in general surgery at New York University Bellevue Medical Center, and his residency in orthopedic surgery at UMDNJ Affiliated Hospitals. Finally, he completed a fellowship in spine surgery at St. Mary's Spine Center, Seton Medical Center, Stanford University Hospital, and Kaiser Hospital Oakland, with additional training in lumbar interbody fusion and cervical spine reconstructive surgery at the Carolina Spine Institute.

As a testament to his continued education, he is board-certified in orthopedic surgery by the American Board of Orthopedic Surgery (ABOS). The ABOS is an organization with the goal of establishing educational and professional standards for orthopedic residents and surgeons as well as evaluating the qualifications and competence of orthopedic surgeons.

A Fellow of the American Academy of Orthopedic Surgeons, Dr. Vessa is a member of the American Medical Association, the New Jersey Medical Society, the North American Spine Society, the New Jersey Spine Society, the International Spine Injection Society, and the American College of Spine Surgeons. He is also former President of Quality Assurance and Utilization of the Garden State Orthopedic Network.

Attributing his success to discipline, perseverance, and hard work, he has published articles in peer-reviewed journals, including a Poster Exhibit at the International Society of the Lumbar Spine in

Chicago. He has also submitted papers for publications and has published a landmark paper on posterior lumbar interbody fusion for discogenic pain in the Spine Journal.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

One of Dr. Vessa's most notable accomplishments includes performing the first outpatient open laminotomy discectomy in the state of New Jersey in 1995. He assisted Dr. Dwyer, as an orthopedic resident, in the first arthroscopic microdiscectomy in New Jersey, as well as the first laparoscopically assisted lumbar interbody fusion. Dr. Vessa was one of the first spine surgeons in New Jersey to utilize allograft threaded bone dowels for open lumbar interbody fusion.

In addition, he is a member of a select group of surgeons in the U.S. who were chosen to receive advanced training in artificial disc replacement. He assisted Dr. Dwyer in performing the 1st artificial disc replacement at the L4-L5 level in New Jersey.

Throughout his illustrious career, Dr. Vessa has received various awards and honors, including the Patients' Choice Award (2018, 2017, 2016, 2015, 2014, 2013, 2011, 2010), On-Time Doctor Award (2018, 2017, 2016, 2014), Compassionate Doctor Recognition (2015), and Patients' Choice 5th Anniversary Award (2018, 2017).

Outside of the office, he enjoys cycling and golfing. His favorite place to vacation is Anguilla, and his favorite professional publications are The Journal of Bone and Joint Surgery, the Journal of the American Academy of Orthopedic Surgeons, and The Spine Journal.

#### **Learn More about Dr. Paul Vessa:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3585521-Paul-Vessa-Orthopedist> or through New Jersey Spine Institute, <https://www.njspine.com/paul-vessa-md/>

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