

David Zylberger, MD, an Anesthesiologist and Pain Medicine Specialist with American Anesthesiology of New Jersey

Get to know Anesthesiologist and Pain Medicine Specialist Dr. David Zylberger, who serves patients in Livingston, New Jersey.



New York, New York City, Aug 4, 2021 ([Issuewire.com](https://www.issuewire.com)) - With more than two decades of experience in his field, Dr. Zylberger is a board-certified anesthesiologist and pain medicine specialist who has devoted his career to treating patients with acute and chronic spinal pain, joint pain, neuropathic pain, and cancer pain. He joined American Anesthesiology of New Jersey in Livingston,

New Jersey in 2016.

American Anesthesiology of New Jersey is a highly trained group of physician anesthesiologists and certified registered nurse anesthetists. They have proudly provided the highest level of patient care for over 25 years across several facilities, including Saint Barnabas Medical Center, Newark Beth Israel Medical Center, The Livingston Surgery Center, and The Gregori Surgery Center.

In his professional experience, Dr. Zylberger helped develop the Acute and Chronic Pain Management Centers at New York-Presbyterian Hospital/Weill Cornell Medical Center, where he practiced for 14 years. Prior to that, he led a successful pain practice at New York University Medical Center, served as the Director of a multidisciplinary pain center at Northeast Rehabilitation Hospital in Salem, New Hampshire, as well as served as a member of New England Neurological Associates in Massachusetts.

In 1991, he earned his medical degree from New York Medical College in Valhalla, New York. He then went on to complete his internship in internal medicine at Beth Israel/Mount Sinai Medical Center, followed by his residency in anesthesiology at Stony Brook University Medical Center and his fellowship in Pain Medicine at Westchester Medical Center - New York Medical College.

Following his education, he became board-certified in Anesthesiology with Subspecialty in Pain Medicine by the American Board of Anesthesiology (ABA), whose mission is to advance the highest standards of the practice of anesthesiology. As the certifying body for anesthesiologists since 1938, the ABA is committed to partnering with physicians to advance the lifelong learning and exceptional patient care. Dr. Zylberger also became board-certified in pain medicine by the American Board of Pain Medicine.

Throughout the doctor's extensive career, he has been honored with several awards and recognitions, including Compassionate Doctor Recognition in 2015 and 2018, On-Time Doctor Award from 2015 to 2018, and Patients' Choice Award from 2015 to 2018. Dr. Zylberger was also awarded a Certificate of Appreciation from the Centers for Disease Control in recognition for contributions to Ambulatory Medical Care and Public Health.

Anesthesiology is the medical specialty concerned with the total perioperative care of patients before, during, and after surgery. It encompasses anesthesia, intensive care medicine, critical emergency medicine, and pain medicine. Anesthesiologists have the primary responsibility of monitoring the patient's vital signs during surgery. In addition to basic measurements such as pulse, blood pressure, and temperature, anesthesiologists also measure the patient's respiration.

Pain medicine is a medical specialty that focuses on the evaluation, treatment, and prevention of pain. A pain management specialist is a physician with special training in the evaluation, diagnosis, and treatment of all different types of pain. Generally, pain management that is offered at a pain center includes a combination of therapies such as medications, physical therapy, and nerve blocks. In combination, these treatments often offer effective treatment for even the most complex cases.

Being a very conscientious physician, Dr. Zylberger is dedicated to providing state-of-the-art medical treatment and compassionate patient care. He specializes in the evaluation and management of complex spine-related pain stemming from disorders such as spinal stenosis, herniated disc, and failed back surgery. He is an expert in the diagnosis and treatment of neuropathic pain disorders, including complex regional pain syndrome (CRPS), as well as lectures nationally on this topic. He also lectures regionally on techniques used to reduce radiation exposure to patients and clinicians.

For years now, he has been involved in several research protocols and has developed lines of research involving chronic pain treatment efficiency, implantable devices for intractable pain, investigational drugs, and efficacy and safety trials of new classes of pain medications for patients with chronic severe pain. He has also made several publications on phantom pain, epidural steroid injections, and radiation safety. More recently, Dr. Zylberger has taken over the Directorship of the Pain Management Center at Newark Beth Israel Medical Center and plans to develop it into a flagship Pain Center.

Learn More about Dr. David Zylberger:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2921078-David-Zylberger-Pain-Management-Specialist> or through American Anesthesiology of New Jersey, <https://www.mednax.com/practice/american-anesthesiology-of-new-jersey/clinicians/david-zylberger/>

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