## **Brian Stovsky: How Empower Sports Is Making An Impactful Change in People With Physical Challenges**

Ohio, Cleveland, Aug 11, 2021 (Issuewire.com) - Brian Stovsky is an avid sportsperson who fell in love with hockey during his college days. Even now, he plays men's league hockey. It's not a surprise that Brian Stovsky is one of the respected board directors of Empower Sports, a nonprofit organization. With offices in Cleveland, OH, Empower Sports says," when you empower someone, you turn a disability into an ability. You transform doubt into confidence." Brian Stovsky adds that Empower Sports builds social skills, physical wellness, and self-esteem for athletes with different skills, regardless of age.

According to <u>Brian Stovsky</u>, Empower Sports uses sports and fitness activities to give every person a chance to participate in games. The organization aims to help participants develop character, kindness, and tolerance. Children and adults with different physical and mental abilities can also be part of the sports and exercise activities, Brian Stovsky explains. In addition, Empower Sports plays kids and grown-ups with physical challenges along with those who are non-disabled to give them lots of experience and fun.

What programs does Empower Sports offer?

Brian Matthew Stovsky further says that Empower Sports organized its first sports program in November 2012 when it hosted a basketball clinic. The program was a huge success as it drew players and volunteers from different backgrounds. Since then, Empower Sports has introduced basketball, softball, lacrosse fitness classes, and soccer. As Brian Stovsky says, there are several benefits of getting involved with Empower Sports. Participants can build their physical wellness through sports and exercise. Also, their socialization skills, such as communication skills, developing friendships, and self-esteem, will grow. Empower Sports' kids, and adults can also benefit from integrating with other peers and volunteering for the organization. Brian Stovsky says that anyone can help Empower Sports grow and provide more exciting programs at low cost via donations and voluntary work.

What is Brian Stovsky's leadership background?

Brian Stovsky, is a Cleveland, OH, native and a former high school student of University School, where he played hockey and lacrosse. After graduating with an MBA from Cleveland State University, he worked for PWC in Cleveland, Chicago. Brian Stovsky then moved to Edge Point Capital, an investment bank in the same state. His time at Edge Point Capita was brief as he soon found himself hired to run Business Development for Oswald Companies Private Equity practice. Based in Cleveland, OH, Oswald is an insurance brokerage.

Brian Stovsky has been at the same company for 3.5 years and currently lives with his girlfriend and his dog in downtown Cleveland.

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