

Award-Winning Podcast The CLS Experience with Host Craig Siegel drops latest episode with Actress Alicia Silverstone



New York, New York City, Aug 10, 2021 ([Issuewire.com](https://www.issuewire.com)) - We are excited to announce the dropping of The CLS Experience's [latest episode](#) with Icon and Actress Alicia Silverstone which is available on all podcast platforms.

Join your host Craig Siegel as he sits down with Hollywood legend, NY times best-selling author, health advocate, and creator of the MyKind Organics brand, the Iconic Alicia Silverstone. Alicia pulls back the curtain on her early years when she gravitated towards acting at a young age. Craig and Alicia discuss their mutual admiration for being over-prepared and how it breeds confidence. Alicia showcases the moment the entire journey paid off when landing her first film role in the thriller, The Crush. Craig and Alicia demonstrate all the magic she was creating with the Aerosmith videos and The kind phenomenon, Clueless. Alicia talks about the price of fame and everything that comes with it, especially at a very young age. Alicia highlights the moment she made the life-altering decision to become a vegetarian and how that choice inspired her best-selling book The Kind Diet. Alicia speaks about the decision to facilitate her son being plant-based since birth. Alicia emphasizes the passion behind her brand, MyKind Organics, and the delightful health benefits included.

“This episode is special. When you interview someone you’ve never met, I love the challenge of being able to build that trust and rapport where both the guest and myself begin to lean in, forget about the world, and have an unbelievable conversation about life and mindset. About 8 minutes into this episode Alicia and I build massive rapport.” - Craig

To connect with Alicia follow @AliciaSilverstone on Instagram and check out her website <https://thekindlife.com/>

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About [The CLS Experience](#):

Craig has dedicated himself to personal growth and transformation by revamping his mindset. Now he wants to help others manufacture BIG breakthroughs of their own. The vision for this podcast is to enhance your state. Simply put, we’re going to discuss how to get on absolute FIRE for life.

You’ll hear from the most well-known celebrities on the planet who overcame struggles on their journey, on their way to achieving massive success in different facets of life

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