

Sierra Stottsberry, ND, Ph.D., LMT, a Naturopathic Physician with Stottsberry Wellness Institute

Get to know Naturopathic Physician Dr. Sierra Stottsberry, who serves patients worldwide.



New York City, New York Sep 1, 2022 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Stottsberry is a highly knowledgeable and caring Naturopathic Physician, Quantum Physicist, Licensed Massage Therapist, Pastoral Counselor, Postoperative Care, and Lymphedema Specialist, and Chronic Pain and Debilitating Condition Specialist. At Stottsberry Wellness Institute in San Antonio, Texas, she offers everything from autoimmune prophylaxis, to homeopathic intervention, epigenetic evaluation and orthomolecular nutritional planning, rehabilitation of injuries, and nondenominational Christian counseling and actively offers preventative and restorative educational programs and resources.

Inspired by nature, supported by science, and with a little help from technology, Dr. Stottsberry and her team have revolutionized traditional healing practices. While her practice calls the great city of San Antonio, Texas home, she actively sees patients virtually around the globe while still offering old-fashioned house calls to those who are blessed to be within her vicinity. Patients can re-discover their sense of well-being with personalized therapies that nurture mind, body, and spirit. They can enjoy an experience that will allow them to achieve calm, relaxation, and peace inside and out.

A 2020 graduate of the Trinity School of Natural Health, Dr. Stottsberry is board-certified through the American Natural Wellness Practitioners Board.

As a testament to her success, she is an active member of the American Association of Drugless Practitioners, the American Massage Therapy Association, Associated Bodywork & Massage Professionals, the American Alternative Medical Association, and the American Naturopathic Medical Association.

Dr. Stottsberry has conducted extensive research and pioneered nonpharmacological intervention for chronic pain and debilitating conditions including Multiple Sclerosis, Lupus Erythematosus, and Lyme Disease. Experience of over 50 years is shared amongst Dr. Stottsberry and other practitioners in her office.

The practice of Naturopathic medicine includes modern and traditional, scientific, and empirical methods. Naturopathic medicine is a distinct primary health care profession, emphasizing prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals' inherent self-healing process. Naturopathic physicians manage and seek to prevent acute and chronic illnesses to restore and establish optimal health.

Learn More about Dr. Sierra Stottsberry:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82739470-Sierra-Stottsberry-Naturopathic-Physician>, or through Stottsberry Wellness Institute, www.stottsberrywellness.com

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Source : Sierra Fisher, ND, Ph.D., LMT

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