

Shadena Natty Announces Team of Interns to Provide Affordable Counseling and Therapy in Lancaster



Pennsylvania, Lancaster, Jul 8, 2021 ([IssueWire.com](https://www.issuewire.com)) - **Shadena Natty** BA, MS, MA, CAADC, of the [Sun Point Wellness Center](#) in Lancaster, is pleased to announce the addition of 10 Interns of various types for the upcoming academic year. These interns, students working on their therapy degrees, will offer services both pro bono and on a sliding scale.

The decision to add these new members comes under the auspices of Natty, a fully trained **EMDR therapist**, with the goal of making this beneficial therapy available to more clients in need of emotional healing. **EMDR** (Eye Movement Desensitization and Reprocessing) therapy is one of the newer modalities designed to provide relief from trauma. The efficacy of this **therapy** has shown clinically and research-based success in releasing emotional trauma and is supported by the World Health Organization and the APA, American Psychological Association.

Natty serves as the Director of Pro Bono & Sliding Scale Services and will supervise the Internship Program. The new University residents participating include :

- Alexandria Green, Kendra Tate, Nathan Sterry, and Roberto Lopez Adrian, **Millersville University**
- Curtis Wilson and Wes Wilson, **Capella University**
- Kimberly Romero, **Messiah University**
- Vanessa Hofer, University of **Pennsylvania**
- Kaylisha Estevez, **Edinboro University**
- Gwen Burns, **Shippensburg University**

Interns offering therapeutic services on a sliding scale means more residents of Lancaster residents from all income levels can now afford to receive the guidance they need, in a professionally supervised environment. Their individual and couple-centered approach to **therapy and counseling** help clients create more happiness and fulfillment in a safe, confidential setting.

Shadena Natty, for her part, is ensuring the citizens of **Lancaster County** obtain the highest possible therapeutic care. She has done so with the creation of the training, support, and mentor programs for the entire Sun Point Wellness practice.

“We at Sun Point are dedicated to quality care for our clients and anyone who is looking for quality **therapy**,” said Natty. “Offering additional services on a sliding scale, through our internship program,

will be invaluable to the health of our community here in Lancaster.”

Breesha Comish, Executive Director of Clinical Services at Sun Point Wellness, is pleased to see the team fulfilling their goals to help the **Lancaster** community by offering affordable therapy services at Sun Point Wellness Center.

“I am thrilled to announce Shadena Natty is successfully leading the effort to provide affordable, premier, evidence-based clinical services to **Lancaster** county citizens,” said Breesha Comish. “ She has developed a comprehensive training and support program, along with a mentor program to allow for optimal client care.”

Interns providing Pro Bono and Sliding Scale Services for **therapy and counseling** will be available for the 2021-2022 Academic Year. For more information, and to schedule a consultation, visit the [Sun Point Wellness Center](#) website.

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Source : Sun Point Wellness Center: The team at the Sun Point Wellness Center specializes in marriage counseling, LGBTQ therapy, EMDR, and couples therapy to improve relationships and heal sexual issues. Our mission is to encourage clients to create their most fulfilling life.

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