

Sanjog K. Mathur, MD, an Orthopedic Surgeon with Potomac Valley Orthopedic Associates

Get to know Orthopedic Surgeon Dr. Sanjog K. Mathur, who serves patients in Maryland.



New York, New York City, Jul 2, 2021 ([IssueWire.com](https://www.issuewire.com)) - A fellowship-trained orthopedic surgeon, Dr. Mathur is in practice with Potomac Valley Orthopedic Associates, seeing patients at their offices in Columbia, Germantown, and Silver Spring, Maryland.

“In this rapidly changing society, with ever-increasing spine maladies due to various environmental and occupational forces, I feel uniquely privileged to be able to help people in pain using all spine treatments from simple lifestyle changes to the most complicated surgeries. My goal is to provide comprehensive compassionate care to my patients in the least invasive manner, so they may enjoy a pain-free and productive life” stated Dr. Mathur.

For more than 45 years, Potomac Valley Orthopedic Associates has provided comprehensive orthopedic care for patients of all ages in Montgomery and Howard County. The group uses the latest advances in orthopedics (with proven results) to diagnose, treat, and rehabilitate all injuries.

Researching and developing new modalities of spine treatments, Dr. Mathur specializes in the comprehensive management of spine problems and minimally invasive spine surgery. He holds multiple US patents issued and pending, has lectured and moderated spine-related conferences across the US

and abroad, as well as has trained multiple spine surgeons in the US and abroad.

Recognized around the world as a top spine surgeon, he is affiliated with Holy Cross Germantown Hospital, Montgomery General Hospital, Howard County General Hospital, and Hickory Ridge Surgery Center.

Regarding his educational background, Dr. Mathur earned his medical degree from Gandhi Medical College in India. After graduating, he relocated to the UK where he completed multiple residencies in orthopedic surgery at Airedale General Hospital, Eastbourne District General Hospital, and Leeds General Infirmary. Following that, he moved to the United States and completed a further residency in orthopedic surgery at The Johns Hopkins University School of Medicine, followed by a fellowship in spine surgery at the same educational venue.

Licensed to practice medicine in Maryland, the doctor is board-certified in orthopedic surgery by the American Board of Orthopedic Surgery (ABOS). The ABOS is an organization with the goal of establishing educational and professional standards for orthopedic residents and surgeons as well as evaluating the qualifications and competence of orthopedic surgeons.

Professionally, Dr. Mathur is an active member of the American Academy of Orthopedic Surgeons, the North American Spine Society, AO Spine, the Association of Spine Surgeons of India, and the Johns Hopkins Medical Surgery Society.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

On a more personal note, Dr. Mathur speaks English, Hindi, Telugu, and Urdu.

Learn More about Dr. Sanjog K. Mathur:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/329521-Sanjog-Mathur-Orthopedist> or through Potomac Valley Orthopedic Associates, https://www.pvoac.com/providers/our-doctors/168/Sanjog_Mathur,_M.D.

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