

Rehab and Exercise Expertise Is Hallmark of SportsEdTV's Latest Senior Contributor

Dr. Tania Spiteri is a consultant to NFL, WNBA several National sports teams



Florida, Miami, Jul 19, 2021 ([IssueWire.com](https://www.issuewire.com)) - [SportsEdTV](https://www.sportsedtv.com) added another internationally known sports expert to its senior contributors when Exercise Science and Rehabilitation researcher, author, and consultant Dr. Tania Spiteri joined its team.

"From her Australian base as Health and Well Being Manager at her alma mater, Edith Cowan University, Dr. Spiteri consults with big-time sports organizations internationally and we now welcome her to share her extensive exercise and rehabilitation advisories with our communities," said Robert Mazzucchelli, Founder, and Chairman, [SportsEdTV](https://www.sportsedtv.com).

Tania has worked with various high-performance organizations, including the National Football League, Basketball Australia, Women's National Basketball Association, and several National sporting teams in Australia, the United States, and the United Kingdom, overseeing and implementing health and sport science initiatives with athletes and employees.

"Dr. Spiteri has co-authored over 40 research articles as well as presented research at multiple National and International conferences and was awarded the Young Investigator of the Year Award by the National Strength and Conditioning Association in the United States" added Victor Bergonzoli, CEO of [SportsEdTV](https://www.sportsedtv.com).

Beyond elite sports, her practice includes corporate occupational health and wellbeing, intending to improve performance objectives, reduce injury incidence and increase overall wellbeing.

About [SportsEdTV](https://www.sportsedtv.com): [SportsEdTV](https://www.sportsedtv.com) exists to help athletes, coaches and parents LEARN, WIN, and CELEBRATE. We don't expect everyone who uses our learning tools to become a world champion - that's not our mission.

We do expect people who use our educational resources to become their champion, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it's becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness. "

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents, and coaches can interact, connect, chat, share content and find new friends. [SportsEdTV](https://www.sportsedtv.com) videos feature coaching from world-class coaches and athletes - many of whom are or have coached world champions - and have been watched by viewers in every country in the world.

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