

Joy Grimes, NP, a Nurse Practitioner with Living Health Wellness Center

Get to know Nurse Practitioner, Joy Grimes, who serves patients in Goodlettsville, Tennessee.



New York, New York City, Jul 29, 2021 ([IssueWire.com](https://www.issuewire.com)) - Specializing in neurology and endocrinology, Joy is a dedicated nurse practitioner seeing patients at Living Health Wellness Center in Goodlettsville, Tennessee.

At her practice, she provides addiction medicine: NAD IV therapy, Vivitrol injections; conducts assessments and creates treatment plans suited to the patient's recovery needs; offers primary and preventive care, including labs, behavioral and mental health, telehealth, chronic disease management, transgender medicine, EKG's, X-rays, and weight management; evaluates and treats pain patients to support health and wellness approach; and manages patients with acute, chronic, neuropathic, rheumatologic, spine, migraine headache, and oral and maxillofacial pain.

After graduating with her Bachelor of Science in Nursing degree from the University of Louisville, Joy went on to earn her Master of Science in Nursing degree in Adult-Gerontology Acute Care from Saint Louis University in 2011.

Prior to her current endeavours, she served as a cardiac-pulmonary/home infusion nurse at Spectra Care (2003 - 2004), an adjunct nursing clinical instructor at Aquinas College (2010 - 2011), a charge nurse/ educator at Skyline Medical Center (2004 - 2012), a hospitalist/acute care nurse practitioner at Skyline Medical Center (2011 - 2012), and as an adjunct clinical instructor, Baccalaureate Nursing Program, at Austin Peay State University (2009 - May 2020).

Attributing her success to the mentors she has had, Joy always takes the time to get to know her patients and to develop health and lifestyle goals with them. She believes in being transparent and allowing her patients to see her on a totally personal level.

A Nurse Practitioner (NP) is an advanced practice registered nurse and a type of mid-level practitioner. NPs are trained to assess patient needs, order and interpret diagnostic and laboratory tests, diagnose disease, as well as formulate and prescribe treatment plans.

Learn More about Joy Grimes:

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4147974/info/>

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