

Aris Barbadimos, MD, a Pain Management Specialist & Physiatrist with Stamford Health Medical Group - Orthopedic and Spin

Get to know Pain Management Specialist & Physiatrist Dr. Aris Barbadimos, who serves patients in Stamford, Connecticut.



New York, New York City, Jul 28, 2021 ([Issuewire.com](https://www.issuewire.com)) - Specializing in sports medicine, Dr. Barbadimos is a specialist in the field of pain management & physical medicine, and rehabilitation. He joined Stamford Health Medical Group - Orthopedic and Spine Institute in 2001, exclusively practicing acute and chronic pain management, electrodiagnosis, epidural injections, prolotherapy, sacroiliac and facet joint injections, and medical acupuncture.

In 1997, he joined the faculty at Albert Einstein University College of Medicine as an attending physician in the Department of Physical Medicine and Rehabilitation, and still maintains the rank of Assistant Clinical Professor. As Director of Cardiac Rehabilitation at Montefiore, he published a paper in the American Journal of PM&R, in addition to other case studies that have been written and presented.

In regards to his educational background, Dr. Barbadimos obtained his Bachelor of Science degree in Physical Therapy from the University of Rome in 1980. He then went on to earn his Master of Science degree in Rehabilitation from Long Island University in 1983, and his medical degree from the American University of the Caribbean School of Medicine in 1990.

Furthering his training, he performed his residency in internal medicine at Danbury Hospital in 1994, and an additional residency in physical medicine & rehabilitation at Albert Einstein College of Medicine in 1997.

Excelling in treating chronic and acute pain, Dr. Barbadimos is board-certified in pain medicine & physical medicine and rehabilitation by the American Board of Physical Medicine and Rehabilitation (ABPMR). The mission of the ABPMR is to serve the public by improving the quality of patient care in physical medicine and rehabilitation.

In order to stay up to date in his field, he remains an active member of the American Academy of Physical Medicine & Rehabilitation, the American Academy of Medical Acupuncture, and the American Association of Orthopedic Medicine.

Pain management is a branch of medicine employing an interdisciplinary approach for easing suffering and improving the quality of life of those living with chronic pain. A pain management specialist is a doctor who specializes in pain medicine, focusing on the evaluation, treatment, and prevention of pain.

Physical Medicine and Rehabilitation, also known as Physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

On a more personal note, Dr. Barbadimos speaks English, Greek, and Italian.

Learn More about Dr. Aris Barbadimos:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1263021-Aris-Barbadimos-Physiatrist-Physical-Medicine> or through Stamford Health, <https://www.stamfordhealth.org/find-a-doctor/profile/aris-barbadimos/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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