## Sushi Footbar Founder Susan Jackson Launches a Spa with a Focus on People Living with Diabetes and Frontline Workers

Located in Lancaster, CA, the mission of the Sushi Footbar is to bring relaxation and circulation to the body through massage therapy, essential oils and holistic teas



**California, Lancaster, Jun 16, 2021 (Issuewire.com)** - When Entrepreneur Susan Jackson was diagnosed with diabetes in 2018, she wanted to change the outcome of how diabetes affects health, especially feet. As a result of the pandemic, she wants to offer relief for the frontline workers who stand on their feet for many hours to help the public.

In a call to action, Jackson who has 20 years of experience in the medical industry in the roles of administrative and executive management created a space for people of all ages, especially those affected by diabetes, established Sushi Footbar. "I believe in taking a holistic approach to treating feet," she said. "It is not a cure but prevention to aid in feet health and wellness."

"In observance of the annual Juneteenth Celebration, the grand opening of Sushi Footbar at 1140 Commerce Center Drive, Lancaster, CA 93534 will take place on Saturday, June 19 from noon to 5 p.m.," said Jackson. Media check-in at 11 a.m. Red carpet arrivals from noon to 1:30 p.m.; ribbon cutting at 1 p.m. and VIP reception to follow. The public is welcome to attend. COVID-19 compliance will be enforced to keep the public safe. For directions and free parking, call (661)-401-2346. For more information, go to <a href="www.thesushifootbar.com/">www.thesushifootbar.com/</a> Contact: Platinum Star PR (213) 276-7827 or <a href="mailto:media">m.lemelle@att.net</a> for talent/media submissions.

The activities of the grand opening include a live musical performance by Caleb Minter. Confirmed celebrities to attend: Liana Mendoza (L Word and Disney's Proud Family), Vincent Ward (Walking Dead, Urbanflix's Vicious and Devilreaux), Mario Bryant (Fox's I Can See Your Voice), Patrick Faucette (Tyler Perry's The Haves and the Have Nots, recent episodes of Curb Your Enthusiasm, Good Girls), Adam Mendoza (Snowfall, Social Disturbance), Queen Turner (Diva Glammas, Diva Glam Ma's, Soul Train series), Cary Yoshio Mizobe (Ginger, Caught in the Middle-Anthologies, iCarly, Kung Pow: Enter the Fist), Tiffany Toney (Bora, #BlackSkin), April Gooding (AM Radio, Life As A King, The Shield, Everybody Hates Chris), Idrees Degas (In Autumn They Fly Away, Doggmen, Flint Tale), Tracy "Stresh" McNulty (Urban Movie Channel's A House Divided, Amazon Prime's A Day of Trouble), Antelope Valley Chamber of Commerce members, and more.

"As a diabetic, my main focus for the Sushi Footbar is to treat people living with diabetes, because this disease attacks the nervous system and the feet, this approach can ease, slow the progression, and aid in the remission of the condition," she said. "My methods bring relaxation to your body through your feet with essential oils and holistic teas. I also teach my clients about grounding which also aids in the holistic treatment and health of feet."

The spa, inspired by Asian influences, has an ambiance of a serene, peaceful place. Jackson explains why she chose the name Sushi Footbar. "People associate food with the soul and the Sushi Footbar associates reflexology with the soles of the feet. It's holistic medicinal food for the feet."

She adds, "The feet are connected to the organ systems in the body and house meridian zones, also known as energy centers in the feet, which need to have a constant flow of energy current to keep the body free of disease. When these zones are massaged or stimulated, it prevents disease in the body and when they are blocked, it deters the current which blocks centers and creates illness. My business will teach people the importance of self-care and reconnect them with the energy frequencies in the body through the care of the feet."

If Lancaster, California is not accessible, not to worry because Jackson plans to expand her reach. "My long-term goal is to franchise Sushi Footbar in major cities and countries around the world," said Jackson. "I intend to have a diverse franchise that deals with people from all parts of the globe and to be able to create jobs for those that specialize in holistic medicine as well as western medicine."

Sushi Footbar's mission is to treat your feet like royalty and prevent disease as well as ease pain in central regions of the body, opening up energy centers to aid in health and well-being. The therapeutic foot spa will assist in treating people with cancer by easing discomfort as a result of certain types of chemotherapies. Additional offerings include customized barefoot sandals, holistic foot scrubs with essential oils, teas, foot masks, and foot detox treatments.





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