

Main Squeeze Offers Organic Smoothies, Snacks, & Coffee in Santa Monica

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(<https://www.mainsqueezesm.com>) is a shop on Main Street in Santa Monica providing organic juices, smoothies, wellness shots, snacks, coffee, and other health food items.

Health is wealth. From their smoothies, snacks, coffee, and wellness shots, they believe in providing the public with fresh foods and juices to help sustain themselves throughout the day. Main Squeeze is a woman-owned local shop in Santa Monica that provides top-quality organic items. Even their cups are biodegradable and compostable. Take a look at some of the items they have to offer.

Smoothies

It's important to not only stay hydrated but to make sure you're getting the right nutrients. Whether you're training and need that extra protein after your workout, you can select their Magic Bullet smoothie, which has coconut milk, matcha, almond butter, banana, and spirulina to give you that good boost.

Maybe you're trying to lean out and keep things a bit cleaner in your system. Try their Green & Lean smoothie, which has great ingredients including apple juice, banana, kale, spinach, spirulina, vita mineral greens, and agave. You can still have fun while being healthy at Main Squeeze.

Coffee/Wellness Shots

There's nothing like starting your morning off with a good cup of Joe. You can choose between drip coffee or cold brew coffee. Main Squeeze uses Jim's Organic Coffee, which has a more rich and natural tone to it to help you sustain your energy for your busy day.

If coffee isn't your thing, they have some great wellness shots. You might have a rough morning and need that energy boost, so good ginger, lemon, and cayenne shot may give you the right kick to keep you motivated for a big schedule. Not to mention, it'll help your immune system.

Snacks/Food

Main Squeeze also has nice snacks, such as vegan espresso brownies and loaded avocado toast. If you want something more filling, their grilled cheese and Belgian waffles are staples. You can add different toppings to your waffles, such as turkey, strawberries, chocolate, and even coconut ice cream.

Maybe you just like other items you want to order separately. Main Squeeze has peanut butter, agave, CBD oil, goji berries, collagen, chia seeds, and other items you can choose for your daily convenience at our shop.

Whether you're looking for a bite to eat, a refresher for the day, or an art event, this is a great place to check out in Santa Monica.

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