

Kristopher J.S. Goddard, DO, an Osteopathic Physician & Regenerative Medicine Specialist with The Osteopathic Center

Get to know Osteopathic Physician & Regenerative Medicine Specialist, Dr. Kristopher J.S. Goddard, who serves patients in Florida.



New York, New York City, Jun 2, 2021 ([IssueWire.com](https://www.issuewire.com)) - A reputable osteopathic physician & regenerative medicine specialist with a mission to heal, restore, and renew, Dr. Goddard, is the Founder of The Osteopathic Center with offices in Miami and Jupiter, Florida & Knoxville, Tennessee. He strives to provide his patients with exceptional care in integrative medicine and osteopathic manipulative medicine by incorporating training from traditional medicine, acupuncture, and alternative medicine.

By assisting the body's own natural health and self-healing abilities, he compassionately seeks to promote health and well-being. He focuses on an evaluation of the musculoskeletal system, toxicities, nutrition, and identification and correction of structural problems. He implements non-pharmaceutical approaches, utilizing nonsurgical and natural treatments through including osteopathic manipulative treatment (OMT), platelet-rich plasma (PRP) and stem cell injections, acupuncture, and the development of attitudes and lifestyles that help fight illness and prevent disease.

Having devoted his life and dedicated his clinic to implementing the best practices and latest breakthroughs in innovative medicine, Dr. Goddard believes that working with the body's own healing mechanisms can produce a better quality of life: less pain, less medication, less invasive surgeries, and procedures, and a more youthful, vibrant appearance and experience. His proficiency across the wide range of therapies ensures that each of his patients will have the tools necessary to drastically shift their health in a positive direction.

"Improving the quality of patient's lives is personal to me, as I believe medicine should be. Nothing in this world is so gratifying as seeing a patient recover from suffering" he conveyed.

An East Tennessee native, Dr. Goddard graduated with his Bachelor of Science degree from the University of Tennessee, Knoxville in 2000. He majored in biochemistry and minored in mathematics and religious studies. Years later, in 2008, he earned his Doctor of Osteopathic Medicine degree from Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine.

His first year in medical school, he was chosen as the 2006 Student of the Year by the Florida Academy of Osteopathy, as well as served as class vice-president and the American Medical Student Association Osteopathic Awareness Co-Chair.

Thereafter, he pursued and completed a fellowship in anatomy, and a predoctoral fellowship in osteopathic principles and practice at Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine. He also completed a traditional rotating internship and family practice residency at Westchester General Hospital.

Furthering his training, Dr. Goddard completed the Leadership Training Program for Complementary and Alternative Medicine sponsored by National Institutes for Health (NIH) at the Omega Institute for Holistic Studies. He also pursued coursework in Medical Acupuncture for Physicians through UCLA, prolotherapy, platelet-rich plasma injections, stem cell injections, hands-on cranial coursework, and multiple courses in intravenous nutrients. Likewise, he participated in multiple conferences and fellowships.

"When I got hit in the face hard with a softball, doctors gave me medicine to blunt my pain but that was not a cure. That made me realize there were other aspects of medicine that were not part of the typical med school curriculum. I wanted to get into my toolbox early on with a greater number of methods to help people, especially those that could quickly get to the root cause of their problem" recalled Dr. Goddard.

Considering continuing education of utmost importance to his patients, he seeks to provide them with the most recent advances in integrative and osteopathic medicine possible.

Regarded in good standing with a number of professional organizations, he is an active member of the American Academy / Association of Orthopedic Medicine (AAOM), the Society of Progressive Medical Education, the Cellular Medicine Association, the Expert Education Institute, the American Osteopathic College of Physical Medicine and Rehabilitation, the Florida Osteopathic Medical Association, the American Academy of Anti-Aging Medicine, the American Osteopathic Association of Prolotherapy Integrative Pain Management, the American Osteopathic Association, the American College for Advancement in Medicine, the American Academy of Osteopathy, Global Stem Cells Group, and Age Management Medicine Group, among others.

Holding certifications in Stem Cell Therapy Fellowship from A4M and Interventional and Regenerative Orthopaedic Medicine from AAOM, Dr. Goddard has been treating athletic injuries since 2009. He views the three top issues that regenerative medicine addresses really well as pain, injury, and instability.

“We can treat any of these things. Often, though not always, pain comes from the injury. Typically, chronic injuries are a result of instability. My job is to figure out the difference, to figure out what is going on in your body. Where we really excel is with our technique. Two physicians could treat the same type of injury with the same degree of severity and get different results because their technique is different” expressed the doctor.

His initial training as a Doctor of Osteopathy gives him a life-long appreciation for what is happening with both the site of the injury and the surrounding structures. He teaches this fundamental philosophy to his team at The Osteopathic Center.

Osteopathic medicine is a branch of the medical profession in the United States. Osteopathic physicians are licensed to practice medicine and surgery in all 50 states and are recognized to varying degrees in 85 other countries. As licensed physicians, they diagnose, treat, prescribe medications, and perform surgery.

Regenerative medicine is the branch of medicine that develops methods to regrow, repair, or replace damaged or diseased cells, organs, or tissues. It includes the generation and use of therapeutic stem cells, tissue engineering, and the production of artificial organs. Regenerative medicine specialists use biology to alleviate pain and repair tissues that have been damaged by disease, injury, or age. They use the blood components, such as platelet-rich plasma and stem cells, to stimulate the body's natural healing process.

An authority in his field, Dr. Goddard is the recipient of the On-Time Doctor Award (2014, 2015, 2018), Patients' Choice Award (2014, 2018), and Compassionate Doctor Recognition (2015, 2018).

Learn More about Dr. Kristopher J.S. Goddard:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3305718-Kristopher-Goddard-Sports-Medicine-Specialist> or through The Osteopathic Center, <https://theosteocenter.com/about-us/dr-kristopher-goddard/>

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