

Injury Recovery and Resilience Expert Joins SportsEdTV as Contributor

Matthew Caldaroni, Researcher and Counsel to Recovering Athletes to Share his Resilience Expertise with SportsEdTV Audiences



Florida, Miami, Jun 15, 2021 ([Issuewire.com](https://www.issuewire.com)) - [SportsEdTV](https://www.sportsedtv.com) has named Matthew Caldaroni, Founder and CEO of Molliteum, Inc. of Toronto, CA as a contributor. He is a coach who works with athletes to achieve the Resilience Way of Life.

"Matthew created a system to help athletes and others build a resilient lifestyle, also known generally as grit and mental toughness, qualities sure to interest the athletes and coaches in our worldwide audiences," said Robert Mazzucchelli, Founder, and Chairman, [SportsEdTV](#).

Caldaroni calls resilience the extra gear within high performers. It is what separates the average from the legendary and the "try-er's" from the "do-er's," he says.

Victor Bergonzoli, CEO of [SportsEdTV](#) points to an important position Caldaroni emphasizes in his published white paper saying: "Current return-to-play protocols often include a strong evidence-based physical aspect, but lack a strong evidence-based mental aspect. There must be a mental protocol in place for both an athlete's return to play and pain management."

Earning a soccer scholarship at the age of seventeen, he became a professional player in Italy, at the age of nineteen. He earned a Bachelor's Degree in Health Sciences, Kinesiology, from the University of Ontario Institute of Technology, minoring in Psychology. He is a Strength and Conditioning Specialist certified by the National Strength and Conditioning Association.

About [SportsEdTV](#): [SportsEdTV](#) exists to help athletes, coaches and parents LEARN, WIN, and CELEBRATE. We don't expect everyone who uses our learning tools to become a world champion - that's not our mission.

We do expect people who use our educational resources to become their champion, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it's becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness.

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents, and coaches can interact, connect, chat, share content and find new friends. [SportsEdTV](#) videos feature coaching from world-class coaches and athletes - many of whom are or have coached world champions - and have been watched by viewers in every country in the world.

Media Contact

SportsEdTV

rmazzucchelli@sportsedtv.com

Source : SportsEdTV

[See on IssueWire](#)