

## **Collin G. Sheehan, DC, a Chiropractor with South Central Chiropractic Sports & Wellness**

Get to know Chiropractor Dr. Collin G. Sheehan, who serves patients in Shrewsbury, Pennsylvania.



**New York, New York City, Jun 22, 2021 ([Issuewire.com](https://www.issuewire.com))** - Dr. Sheehan is a committed and

passionate chiropractor who has enjoyed serving the community of York, Southern York, and Maryland counties. His practice, South Central Chiropractic Sports & Wellness, is located in Shrewsbury, Pennsylvania and he loves connecting and impacting the lives of the people within and surrounding the community.

With a passion for helping people lead healthier, pain-free, and fulfilled lives, he focuses on a more hands-on treatment that capitalizes on the human body's ability to heal itself. His sincere commitments to his patients' health allow them to feel like more than just patients but friends and family.

A native to York, Dr. Sheehan played sports his whole life, including football, basketball, and rugby. As a child and teenager, he suffered extreme back pain due to sports injuries and a growing body. At age 10, he was taken to a chiropractor who provided him with the care that led to immediate results without medication. From that point on, he knew that being a chiropractor was what he wanted to do and what he would pursue.

After completing his undergraduate studies at Millersville University, he received his Doctor of Chiropractic degree from Palmer College of Chiropractic in Davenport, Iowa where he graduated with honors.

During his career, Dr. Sheehan has focused on serving his patients through the Palmer Package, Gonstead, and Diversified techniques. As a collegiate athlete, he has also focused on serving athletes and the fitness/wellness community in injury prevention, rehabilitation, and overall care to support maximized results.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Happily married, Dr. Sheehan and his wife, Brianna, have three boys - Carter, Christian, and Cole. All boys enjoy spending time on "Daddy's table" and appreciate that "Daddy has their back!"

#### **Learn More about Dr. Collin G. Sheehan:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3340674-Collin-Sheehan-Chiropractor> or through South Central Chiropractic Sports & Wellness, <https://www.southcentralchiropractic.com/meet-the-doctor>

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