## Carlos Roel Alfonso, MD, FACC, FACP, a Cardiologist with Bart De Gregorio, MD, LLC

Get to know Cardiologist Dr. Carlos Roel Alfonso, who serves patients in Glen Ridge, New Jersey.



trained cardiologist, some of Dr. Alfonso's areas of expertise include nuclear cardiology, cardiooncology, preventive cardiology, as well as women and heart disease. He is a part of the team of medical professionals at Bart De Gregorio, MD, LLC in Glen Ridge, New Jersey.

Among the many conditions, he has treated include high cholesterol, heart attack, pulmonary hypertension, atrial fibrillation, and high blood pressure, just to name a few.

Locally, he is affiliated with Englewood Hospital and Medical Center & Clara Maass Medical Center.

Englewood Hospital and Medical Center is an acute care 289-bed teaching hospital in Englewood, New Jersey. The hospital is a part of Englewood Health with a mission "to provide comprehensive, state-of-the-art patient services; emphasize caring and other human values in the treatment of patients and in relations with their families, and among employees, medical staff, and community; be a center of education and research, and provide employees and medical staff with maximum opportunities to achieve their personal and professional goals."

A part of Barnabas Health, Clara Maass Medical Center is a hospital in Belleville, New Jersey. With over 700 physicians and 2,100 employees, the hospital provides advanced treatments for a wide variety of medical conditions. Its facilities include centers for advanced wound care, sleep disorders, cardiac services, cancer care, emergency services, and more.

In regards to his educational background, Dr. Alfonso earned his medical degree from the University of Santo Tomas in the Philippines in 1993. Wanting to further his training, he relocated to the United States. Once there, he completed his residency in internal medicine and his fellowship in cardiovascular disease at Seton Hall University School of Health and Medical Sciences in 1998 and 2001, respectively.

Continuously advancing his efforts, the doctor is board-certified in internal medicine, cardiovascular disease, and nuclear cardiology by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who excel and strive to achieve higher standards for better care in a rapidly changing world.

Among his various accomplishments, Dr. Alfonso maintains fellowship status with the American College of Cardiology (FACC) and the American College of Physicians (FACP).

Cardiology is a branch of medicine that deals with disorders of the heart, as well as some parts of the circulatory system. The field includes medical diagnosis and treatment of congenital heart defects, coronary artery disease, heart failure, valvular heart disease, and electrophysiology. Cardiologists are doctors who diagnose, assess, and treat patients with diseases and defects of the heart and blood vessels (the cardiovascular system).

Recognized as an expert in his field, Dr. Alfonso is the recipient of numerous awards and honors, including Castle Connolly Regional Top Doctor (2016-2020), Castle Connolly Top Doctors New York Metro Area (2020), Jersey's Best Magazine Top Doctors (2017-2019), and Top Doctors New York Metro Area (digital guide / 2016-2020).

In addition to English, he speaks Tagalog and Spanish.

## Learn More about Dr. Carlos Roel Alfonso:

Through his findatopdoc profile, <a href="https://www.findatopdoc.com/doctor/1748265-Carlos-Alfonso-Cardiologist">https://www.findatopdoc.com/doctor/1748265-Carlos-Alfonso-Cardiologist</a> or through Bart De Gregorio, MD, LLC, <a href="https://www.bdgcardiology.com/our-team/">https://www.bdgcardiology.com/our-team/</a>

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Source: Carlos Roel Alfonso, MD, FACC, FACP

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