

Xavier T.K. Tipler, DC, a Chiropractor with Proficient Chiropractic

Get to know Chiropractor Dr. Xavier T.K. Tipler, who serves patients in Overland, Missouri.



New York, New York City, May 17, 2021 ([Issuewire.com](https://www.issuewire.com)) - Driven by an intense passion for helping and serving others, and a desire to change the current health paradigm of suffering people, Dr. Tipler is dedicated to sharing his passion for chiropractic and improving the health and wellness of the communities he serves, spiritually, physically, and mentally.

He has been in private practice with partner and friend, Dr. Edgar Everett III, since 2007 at Proficient Chiropractic in Overland, Missouri. A large majority of the population is suffering needlessly, in part due to the lack of knowledge about the body's natural ability to self-sustain, self-maintain, and self-heal. Dr. Tipler believes that in order to achieve optimum health and wellness, emphasis must be placed on the need to care for the person as a whole and not just the symptoms they present with. Chiropractic is a drugless approach to health that focuses on the nervous system which controls, directs, and regulates every single aspect of a person's ability to live and thrive.

An Army Veteran, Dr. Tipler served 9 years, and 2 years in the Iraq war where he received the "Meritorious Service Medal". He received his Bachelor of Science degree in Biology from Central Methodist University where he was a three-sport athlete. It was during this time that he suffered a serious back injury while playing basketball, which led him to become a patient of chiropractic and later a Doctor of Chiropractic. He went on to receive a second Bachelor of Science degree in Human Anatomy and a Doctor of Chiropractic degree from Logan University in Chesterfield, Missouri.

A Co-Founder of Evoke Chiropractic Coaching, LLC, Dr. Tipler currently serves as the Central Regional Rep for the American Black Chiropractic Association, he is a member of the Missouri Chiropractic Association, the International Chiropractic Association, and the American Chiropractic Association. Dr. Tipler also serves as a Board Member at Logan University.

A giver at heart, he knows the greatest gift that he can give is the gift of health. Dr. Tipler spreads this gift through participating in community health fairs, speaking engagements, mentoring and providing health and wellness workshops.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

A highly regarded chiropractor in his community, Dr. Tipler has had the privilege to be recognized as a "Power 100 Community Builder", and has received the "Business Award of the Month for Outstanding Achievement in Business", among many other recognitions.

On a more personal note, he resides in the beautiful city of St. Louis, Missouri with his beautiful wife and 4 children.

Learn More about Dr. Xavier T.K. Tipler:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1166098-Xaivier-Tipler-Chiropractor?zipcode=63114> or through Proficient Chiropractic, <https://proficientchiro.com/staff/doctor>

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