

Tracie Fowler, DC, a Chiropractor with The Spinal Frontier

Get to know more about Chiropractor Dr. Tracie Fowler, who serves patients in Minneapolis, Minnesota.



New York, New York City, May 12, 2021 ([Issuewire.com](https://www.issuewire.com)) - Dr. Fowler, a fun chiropractor for over two decades, created The Spinal Frontier in Minneapolis, Minnesota. She believes that “the healthier you are, the more fun you have.”

Having spent way too many hours becoming a ‘nutrition nerd’, she is happy to answer any questions

about diet and supplements.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

On a more personal note, Dr. Fowler has two children, one of which, Gabriel, came up with the name, "The Spinal Frontier," while hanging out with friends. She loves her 1960s Schwinn 3 speed, traveling, backpack camping, and sleeping in here and there.

Little known fact: Dr. Fowler has a rather alarming collection of reusable grocery bags, in fact, she is actually forbidden from buying any more.

Learn More about Dr. Tracie Fowler:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3036291-Tracie-Fowler-Chiropractor> or through The Spinal Frontier, <https://thespinalfrontier.com/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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