

Matt Hammett, DC, a Chiropractor with New Life Family Chiropractic Center PC

Get to know Chiropractor Dr. Matt Hammett, who serves patients in Merrillville, Indiana.



New York, New York City, May 14, 2021 ([Issuewire.com](https://www.issuewire.com)) - With extensive knowledge in the field of chiropractic, Dr. Hammett is the Co-Founder of New Life Family Chiropractic Center PC, along with his wife, Dr. Trish Hammett. His mission is to communicate with his patients how they can get free from pain, stay free from pain, and live well.

With his motto being “Educate Not Medicate”, his areas of expertise include the treatment of pediatric and pregnancy-focused, spinal misalignments, degenerative conditions, back, neck, and shoulder pain, sciatica, headaches, sports injuries, and auto accident injuries. He is proficient in the Thompson Drop, Gonstead, Motion Palpation, Diversified, Palmer Package, Activator, Arthrostim instrumentation, and Nimmo techniques, and offers nutritional counseling for his patients.

Dr. Hammett has had the privilege to practice with more than five chiropractic doctors and has mastered many techniques as a result. He treats a wide range of patients ranging from newborn to geriatric. He is proficient in extremity adjusting, being instructed by some of the top chiropractors in the world; these doctors include NBA, NFL, and other professionals.

With over 18 years dedicated to chiropractic care, he is board-certified in chiropractic by the National Board of Chiropractic Examiners (NBCE). The NBCE, including the International Board of Chiropractic Examiners (IBCE), is the international testing agency for the chiropractic profession. The NBCE develops, administers, and scores standardized exams that assess knowledge, higher-level cognitive abilities, and problem-solving in various basic science and clinical science subjects.

Apart from his clinical practice, Dr. Hammett has co-authored a book (Inspire Chiropractic) with his wife, to help empower other Doctors of Chiropractic to lead successful lives by promoting the chiropractic wellness lifestyle to their communities. He is a well-versed chiropractic physician who lends his exceptional set of skill, expertise, and knowledge to empower both his patients and colleagues alike with his award-winning ‘think outside the box’ Podcast: Dynamism Biohack and over 200 patient educational videos featured on Facebook and other media outlets.

Chiropractic is a form of complementary healthcare that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients’ health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients’ functionality and quality of life by properly aligning the body’s musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Matt Hammett:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3517452-Matt-Hammett-Chiropractor> or New Life Family Chiropractic Center PC, <https://www.newlifefamilychiropractic.net/new-life-experience/about-the-doctors/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Matt Hammett, DC

[See on IssueWire](#)