

Maria Milian Sobarzo, MD, an Obstetrician-Gynecologist with Advanced Women's Wellness, PLLC

Get to know Obstetrician-Gynecologist Dr. Maria Milian Sobarzo, who serves patients in Katy, Texas.



New York, New York City, May 26, 2021 (IssueWire.com) - Dr. Sobarzo is a trusted obstetrician-gynecologist seeing patients at Advanced Women's Wellness, PLLC in Katy, Texas.

She has extensive experience in multiple women's issues including contraception, routine examination, menopause, laparoscopy, laparotomy, management of uterine fibroids, ovarian cysts, etc. She also performs hysterectomies, both laparoscopically and opens laparotomy. She has been certified to perform robotic surgeries for several years and also performs hysteroscopies, uterine endometrial ablation, and Myosure procedures. Likewise, she is able to perform many in-office procedures including colposcopies, biopsies of cervix and vagina/vulva, endocervical/endometrial biopsies, cryotherapy, LEEP procedures, IUD insertion and removal, and Nexplanon.

Born in Cuba, Dr. Sobarzo came to the United States at the age of 7 and was raised in Sweeny, Texas. She graduated with her undergraduate degree from Texas A&M University in 1981 and her medical degree from Texas A&M College of Medicine in 1985. She then went on to serve her residency in obstetrics and gynecology with the University of Arkansas for Medical Sciences Affiliated Hospitals in 1989, after which she began practicing in the Katy-West Houston area.

With expertise in gynecology and women's issues, the doctor is board-certified in obstetrics and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The mission of the ABOG is to define specialty standards, certify obstetricians and gynecologists, and facilitate continuous learning to advance knowledge, practice, and professionalism in women's health.

Having practiced obstetrics and gynecology for over 25 years, Dr. Sobarzo then felt she should limit her practice to gynecology, as she realized that this was an important part of women's health. She is truly a patient advocate and wants to do the best for the patients and help them feel their best.

Staying in the forefront of newer techniques and experienced in wellness issues, her hospital affiliations include Houston Methodist West Hospital and Memorial Hermann Katy Hospital.

Obstetrics and gynecology (OB-GYN) is the medical specialty that encompasses the two subspecialties of obstetrics (covering pregnancy, childbirth, and the postpartum period) and gynecology (covering the health of the female reproductive system – vagina, uterus, ovaries, and breasts). An obstetrician-gynecologist specializes in the diagnosis, treatment, and prevention of diseases and disorders that affect women, such as breast cancer, cervical cancer, and menopause. Additionally, they work with expecting mothers throughout their pregnancies, during childbirth, and postpartum.

During her "free" time, Dr. Sobarzo enjoys spending time with her family (her husband, an anesthesiologist) and four boys, jogging, and singing in the choir at her church. She is fluent in both English and Spanish.

Learn More about Dr. Maria Milian Sobarzo:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2995669-Maria-Sobarzo-OB-GYN-Obstetrician-Gynecologist> or through Advanced Women's Wellness, PLLC, <https://drsobarzo.com/sobarzo/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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