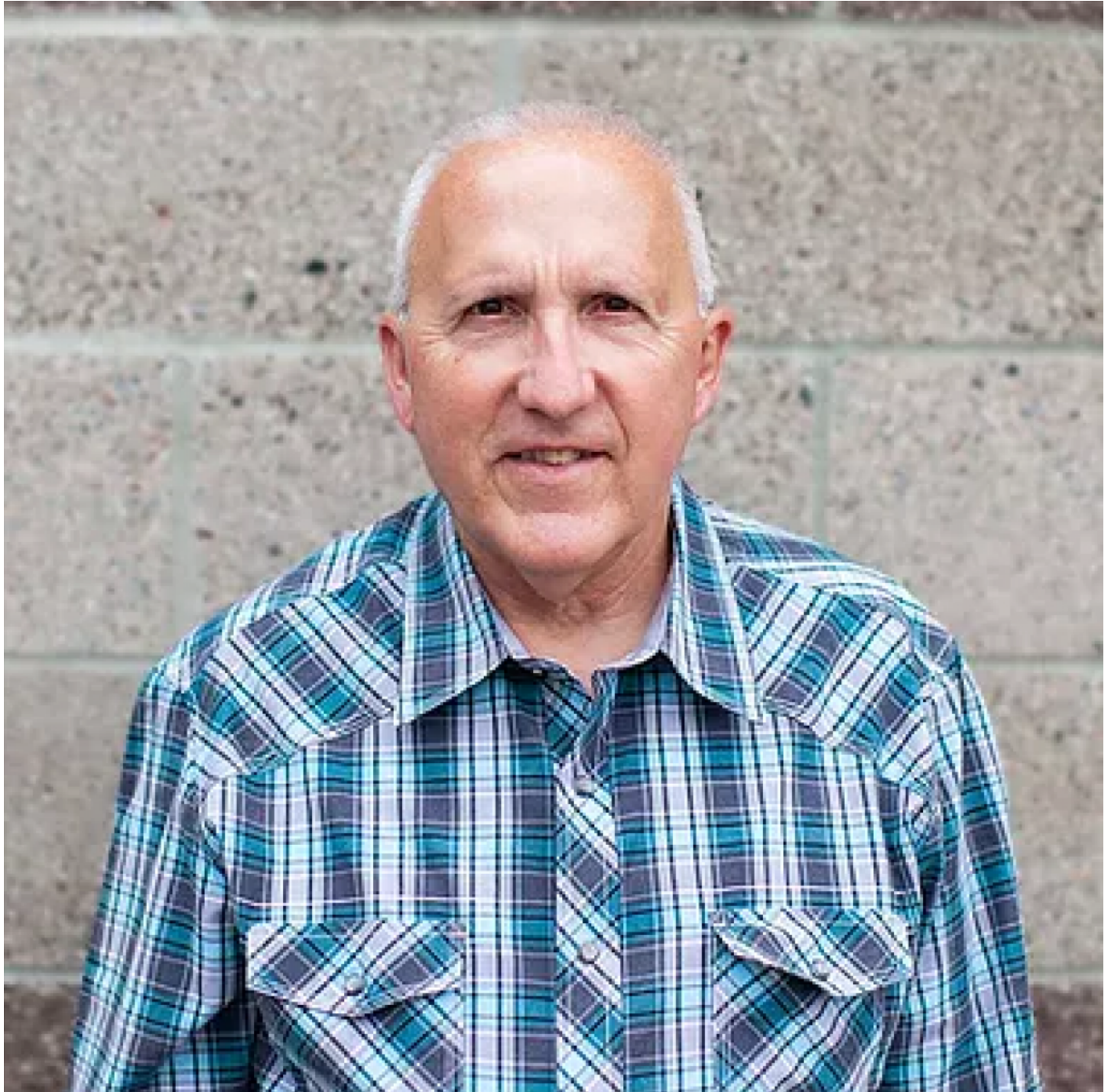


Frederic L. Johnstone, MD, an Orthopedic Surgeon with Rainier Orthopedic Institute

Get to know Orthopedic Surgeon Dr. Frederic L. Johnstone, who serves patients in Washington.



New York, New York City, May 26, 2021 ([Issuewire.com](https://www.issuewire.com)) - Dr. Johnstone is a board-certified, fellowship-trained orthopedic surgeon with a clinical interest in hand surgery and upper extremity disorders. He is in practice with Rainier Orthopedic Institute, operating out of the offices in Puyallup and Bonney Lake, Washington.

Rainier Orthopedic Institute is pleased to provide patients with a full spectrum of orthopedic care. The specialty-trained orthopedic surgeons and dedicated staff have been helping families since 1989, and are ready to assist in all operative & non-operative needs.

After completing medical school at Vanderbilt University School of Medicine in 1982, followed by an internship at Madigan Army Medical Center, Dr. Johnston served a little over a year as a flight surgeon in Korea. He also served in Desert Storm with the 28th Combat Support Hospital and has served as chief of orthopedics, orthopedic residency director, and chief of surgery at Madigan Army Medical Center. He completed additional training with a fellowship in orthopedic hand surgery at Walter Reed Army Medical Center.

Upon retiring from the military, he joined several of his former military colleagues at Rainier Orthopedic Institute. Since then, Dr. Johnston has been active in leadership positions at MultiCare Good Samaritan Hospital, serving as former president of the medical staff, and currently serving on the MultiCare Good Samaritan Regional Oversight Board.

Specializing in hand, wrist, elbow, and upper extremity disorders, the doctor is board-certified in orthopedic surgery by the American Board of Orthopedic Surgery (ABOS). The ABOS is an organization with the goal of establishing educational and professional standards for orthopedic residents and surgeons as well as evaluating the qualifications and competence of orthopedic surgeons.

In order to stay up to date in his field, Dr. Johnstone remains an active member of the American Academy of Orthopedic Surgeons, the ANA, and the WAOA.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

In his spare time, Dr. Johnston enjoys gardening, landscaping, cycling, and model railroading. He is also a volunteer Wrangler at the Puyallup Rodeo.

Learn More about Dr. Frederic L. Johnstone:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2491916-Frederic-Johnstone-Orthopedist> or through Rainier Orthopedic Institute, <https://www.rainierortho.com/dr-frederic-johnstone>

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