

Norma E. Fox, BSc, DDS, OM, PA, a General Dentist; owner and CEO of Gentle Dental-care Relaxation Dental Spa/Clinique!

Get to know General Dentist, Dr. Norma E. Fox, who serves patients in Silver Spring, Maryland.



New York, New York City, Apr 20, 2021 ([Issuewire.com](https://www.issuewire.com)) - The dentist is a Dental Oral Medicine Doctor, a branch of medicine that consists of the study, diagnosis, prevention, and treatment of

diseases, disorders, and conditions of the oral cavity and the head-neck region of the body. General dentists are doctors who diagnose and treat complex dental disease issues and help patients develop better oral health regimens to promote complete (holistic) body health.

Dr. Fox is a general dentist, who is currently serving patients' dental needs at Gentle Dental-care Relaxation Dental Spa/Clinique in Silver Spring, Maryland. At 'Relaxation Dental Spa', Dr. Fox and her team are passionate about every aspect of dental care delivery. They dedicate their time to relieving discomfort, restoring oral health and normal function in creating renewed dental cosmetic/aesthetic dentistry; all with the goal of supporting the patient's overall well-being in keeping the teeth for their lifetime.

Relaxation Dental Spa team can treat and address a wide array of dental concerns, ranging from mild to more complex cases. From a patient's initial visit, the goal is caring for their dental needs to securing retention of the teeth for their lifetime and holistic health. The dedicated dental team at Relaxation Dental Spa strives to provide quality dentistry that exceeds expectations and improves not only oral health, but because health begins within the mouth and will ultimately improve the total quality of life for many years.

Dr. Fox believes looking and feeling your very best starts with a healthy and beautiful smile. She is committed to providing the highest quality of modern dentistry in a relaxing-patient-care manner. For patients with especially severe anxiety, she utilizes the new Millenium pain management modalities that are critical in delivering excellent, progressive standard-of-care. She has gained experience in digital dental technology for the treatment of general cosmetic dentistry. She treats both children and adults with a variety of complex problems. She knows that to some people it is a nightmare to go to the dentist, and believes people should not have to live with the fear and anxiety of the dentist. Therefore in her treatment approach, she uses simple analogies and educational videos in educating patients through the various dental-care procedures and on oral disease prevention; starting as early as two years old; ensuring the next generation of fear-free educated/informed dental patients. Her gentle caring shows that the dental office is not a place of fear or harm, but a place where they can feel at ease during treatments on messaging dental beds.

Dr. Fox graduated from the University of Maryland, earning Baccalaureate degrees in Biological Science Research and Dental Hygiene (Preventive Dentistry in Public Health). She continued her dental education at the University of Maryland, Baltimore College of Dental Surgery, and later completed her training at Howard University College of Dentistry where she graduated in 1994 with the Doctor of Dental Surgery (DDS) degree, receiving the Honor of Dental-care Excellence Award from the American Dental Association. She is also awarded The Order of Medical Merit for outstanding accomplishment and professional excellence, The Washingtonian Top Dentists, and Invisalign Top Ten Orthodontic listings, and is listed multiple times in the Professionals General Register's Who's Who. In 2005 she was awarded The International Peace Prize for international volunteerism in Dentistry.

Dr. Fox's wealth of knowledge and expertise extends over twenty years of experience in the field of general dentistry. She has many years of post-graduate advanced continuing dental education in general orthodontics, endodontics, periodontics, implant restorative-prosthodontics, and cosmetic/aesthetic restorative dentistry. She is a certified Invisalign provider for over ten years and is listed among the Top Invisalign Dentists since 2019. Invisalign is a modern technology of orthodontic treatment modality that helps to straighten teeth with invisible clear aligners, without the use of the older conventional metal brackets and wires.

Dr. Fox is a member of the Maryland State Dental Association, the American Dental Association, the

International Orthodontic Association, the American Academy of General Dentistry, the American Association for Women Dentists, and the Greater Washington Academy of Women Dentists. She also holds an international dental license and has practiced dentistry as a global humanitarian volunteer. Further, she is actively involved in local community service and volunteers sixteen hours of dental services each month at the Catholic Spanish Dental Center in Washington D.C. She has served as a consulting general dentist in the State of Maryland, with the Montgomery County Public Health Department of Human Services. She does annual international outreach volunteer dentistry in South East Asia, Nepal, India, and the Caribbean, while maintaining her Maryland dental private practice responsibilities.

Learn More about Dr. Norma E. Fox:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2061832-Norma-Fox-Dentist> or Gentle Dental-care Relaxation Dental Spa, <https://www.visitDrFoxsmiles.com/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Norma E. Fox, BSc, DDS, OM, PA

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