

Monique Mondesir, MD, Pediatrician and owner of Optimal Care Pediatrics

Get to know Pediatrician Dr. Monique Mondesir, who serves patients in Port St. Lucie, Florida.



New York, New York City, Apr 14, 2021 ([IssueWire.com](https://www.issuewire.com)) - Dr. Mondesir is a Florida-based, American Board of Pediatrics certified general pediatrician who is the owner of Optimal Care Pediatrics in Port St. Lucie. She is dedicated to providing her young patients with the care and attention they need, from infancy and childhood to the teenage and young adult years.

Dr. Mondesir's philosophy of care is grounded in compassion and understanding, which is the ideal environment for health and healing. She is fully committed to providing the highest standard of pediatric care, incorporating the latest developments in treatment and technology. Some of the services offered at the practice include: telehealth, newborn care, well visits, immunizations, sick visits, mental health, allergy testing, asthma care, adolescent care, new parent consults, ear piercing, school and sports physicals, and flu shots.

After graduating from the University of Minnesota, Dr. Mondesir received her Medical Degree from the University of the West Indies. She then completed her residency in pediatrics and conducted research at the Albert Einstein Medical Center in Philadelphia, Pennsylvania before establishing her medical practice in Florida.

She is affiliated with Cleveland Clinic Hospitals in Port Saint Lucie and Martin County. In addition, she is currently on faculty at Florida State University Medical College, teaching 2nd and 3rd-year medical students.

In addition to establishing her medical practice, Dr. Mondesir's other achievements include publishing a children's book to raise awareness of Selective Mutism (Mason is Learning to Roar) and her 2 children. She became an advocate for selective mutism after both her children were diagnosed with an anxiety condition where children are unable to verbally communicate in certain settings outside the home. She recognizes the need to build awareness of selective mutism among providers so that it can be identified and treated appropriately. She is also a former Selective Mutism Association board member.

Learn More about Dr. Monique Mondesir:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/82112890-Monique-Mondesir-Pediatrician> or through Optimal Care Pediatrics, <https://optimalcarepeds.com/dr-mondesir/>

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