

Finding Your Way to Ultimate Holistic Healing-Heal Your Mind, Body, and Soul Today!

Dr. Armagan's Inspiring & Educational Story of Coming Back to Life



New Jersey, South Brunswick, Apr 6, 2021 ([Issuewire.com](http://www.Issuewire.com)) - From the mind of a profoundly inspiring survivor and renowned Health & Wellness Specialist comes the story of faith and medical miracles – **[STEP OUT ON THE WATER: GOD'S NATURAL REMEDY FOR HEALING OF THE MIND, BODY, AND SOUL](#)**. After coming face to face with death multiple times in his life, Dr. Armagan now shares hope and a system for a better life with the world through healing the mind, body, and soul.

Suffering from surgery with devastating complications in 2006' while six weeks away from finishing graduate school, Dr. Armagan thought it was his time to meet his Maker. It was not his time, as God had more for him to accomplish- this is when the miracles started and have not stopped since. He managed to fully recover, only to endure severe nerve damage to his spine in 2011' that left him partially paralyzed. Once again, it was time for Dr. Armagan to embrace his faith, dig his heels in, display his unrelenting will and focus, and rise like an eagle.

A few years later, he was diagnosed with complex PTSD and was judged for his authenticity and honesty in revealing that he suffered for most of his life with this condition. Fast forward to today, the only label Dr. Armagan has is a courageous and thriving SURVIVOR! Nowadays, he dedicates his life to a single mission: to help other people transform their lives with hope, support, encouragement, inspiration, and specialized knowledge resulting in permanent positive changes.

Dr. Armagan provides multiple customized services ranging from: Developing Health and Wellness Presentations Sports Performance Optimization for athletes of all ages and levels Conducting his Diagnostic Testing for Injury Prevention to the military and student-athletes. Dr. Armagan's, approach to holistic health and wellness is transformative, as well as revolutionary, and features practical solutions that can be applied to everyday life, including Covid fatigue and injury prevention.

Dr. Armagan can be reached at 732-213-0953, his [LinkedIn Profile Page](#), and via his email: icemanhealith@gmail.com



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