

Dr. Sue M. Litterer, Chiropractic Physician

Get to know Dr. Sue M. Litterer, a chiropractic physician who serves patients in Elizabeth and the surrounding counties of New Jersey for 35 years.

New York, New York City, Apr 20, 2021 ([Issuewire.com](https://www.issuewire.com)) - Dr. Litterer is a second-generation chiropractor in Elizabeth, New Jersey. The Litterer Chiropractic practice was founded in 1953 by her father, Dr. William E. Litterer, Jr., a 1953 graduate of Palmer College of Chiropractic in Davenport, Iowa. She had the great privilege of practicing with him for twelve years before his passing in 1998 and continues to enjoy helping others to acquire better health through the hands-on method of chiropractic.

From sports injuries and arthritis of the joints to back pain, scoliosis, and headaches, The Litterer Chiropractic practice is equipped to handle all chiropractic needs. Patients can count on the practice to possess the knowledge, expertise, and caring attitude, which will satisfy all their individual needs.

Working with patients to provide the best chiropractic care for patients in the Union County area, Dr. Litterer's experience in chiropractic is coupled with genuine concern for her patients. All of her staff is dedicated to comfort and prompt attention as well. Their goal is to help patients achieve their optimal health through chiropractic care and maintain it through proper nutrition and rehabilitative exercises. X Rays are available onsite for patient convenience.

A 1983 graduate of West Chester University, Dr. Litterer earned her first Bachelor of Science degree in Health and Physical Education 1983. She earned her second Bachelor of Science degree in Human Anatomy in 1984 while attending the National College of Chiropractic, graduating with her Doctor of Chiropractic degree in 1986.

Her post-graduate training includes Diplomate training in chiropractic orthopedics at the Los Angeles College of Chiropractic from 1987 until 1990.

Dr. Sue M. Litterer has been performing Independent Chiropractic Examinations for automobile insurance companies for 35 years.

Continuously advancing her efforts, she is a member of the following state and national organizations: the American Chiropractic Association, the Association of New Jersey Chiropractors, the National College of Chiropractic Alumni Association, and the West Chester University Alumni Association.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, particularly relating to the spine. A chiropractor uses spinal adjustments, physical therapy, nutritional therapy, and rehabilitative exercise to manage patients' health concerns, such as neck pain, back pain, headaches, vertigo, and sciatic neuritis as well as many other musculoskeletal conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Sue M. Litterer: Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/86954-Sue-Litterer-chiropractor-Elizabeth-NJ-07208> or through The Litterer Chiropractic Practice, <https://www.drslitterer.com/staff.html>

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Source : Dr. Sue M. Litterer

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