

Vidya Colospate, DMD, a Dentist in Private Practice

Get to know Dentist Dr. Vidya Colospate, who serves patients in McLean, Virginia.



New York, New York City, Mar 16, 2021 ([IssueWire.com](https://www.issuewire.com)) - Dr. Colospate serves the McLean, Vienna, Arlington, and Falls Church, Virginia area with state-of-the-art dental technology and treatment at her private practice. Focusing on preventive dental care, she and her entire team are dedicated to serving patients' oral health needs and creating healthy beautiful smiles.

As one of the best dentists in McLean, Dr. Colospate believes that a healthy dental environment contributes to the overall health of an individual. She offers several different treatment options to all of her patients, including comprehensive exams and cleanings, crowns and bridges, extractions and root canals, implant restorations, periodontal treatments, and bone grafts, Invisalign® clear aligners, probiotic and antibiotic gum treatment, Philips Zoom! teeth whitening, and TMJ therapy.

"I am honored and feel blessed to have been entrusted with the opportunity to provide dental care to my patients. Relieving pain, restoring the dentition to its optimal health, and helping my patients regain their beautiful and radiant smiles is a unique privilege that I would not want to trade for anything else" expressed Dr. Colospate.

Health and providing healthcare have always been important parts of her life. Her father and grandfather were physicians and provided care to their patients from the heart. They are a great inspiration to her, and she looks forward to continuing her family's tradition of serving people through the field of healthcare.

Academically, Dr. Colospate graduated from the prestigious Government Dental College in Bangalore, India, in 2001, and continued on to earn her Doctor of Medicine in Dentistry degree from the Boston University Henry M. Goldman School of Dental Medicine in 2006.

A firm believer that learning is a lifelong process, she believes that it is imperative to keep on par with research and development in the field of dentistry. She is an active member of the Academy of General Dentistry, the Northern Virginia Dental Society, the American Dental Association, the Virginia Dental Association, the International Congress of Oral Implantologists, and the Seattle Study Club.

"There is constant innovation in the field of dentistry—newer materials, better technology, and new and improved methods of practicing dentistry that I want to be aware of so that I can offer the highest level of care possible for my patients. I participate in a local study club, attend dental conferences, and take continuing education courses. My recent focus has been on implant dentistry and TMJ therapy" stated Dr. Colospate.

Giving back to the community is a big part of her life. She volunteers at the Northern Virginia Dental Clinic and has made contributions to the Junior League of Northern Virginia in 2014, which is dedicated to making a difference in the lives of children in the community. Her dental practice also co-sponsors oral health goody bags to the "Good Sports of Arlington" Halloween candy drive every year.

A well-respected professional, the Consumers' Research Council of America recognized Dr. Colospate as a Top Dentist in 2014 and 2015. She was also awarded the Patients' Choice Award in 2012 and 2016, and her practice was listed in the Washington Area Checkbook spring/summer 2015 issue with top ratings for quality.

Dentistry, also known as Dental and Oral Medicine, is a branch of medicine that consists of the study, diagnosis, prevention, and treatment of diseases, disorders, and conditions of the oral cavity. Dentists

diagnose and treat dental issues and help patients develop better oral hygiene regimens. They clean teeth, correct bite issues, perform surgeries and extractions, and perform other duties to ensure that the teeth and mouth are healthy.

Northern Virginia has been Dr. Colospate's home for the past ten years. She lives there with her husband and daughter. Spending time with her family when she is not in the office is the highlight of her day. She also enjoys cooking, hiking, and adventure sports.

Learn More about Dr. Vidya Colospate:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/243254-Vidya-Colospate-Dentist> or through her private practice, <http://www.mcleanhealthysmiles.com/dr-vidya-colospate>

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