

Steven A. Mathews, DC, Sports Chiropractor with Innovative Muscle Therapy and Pain Center, LLC

Get to know Sports Chiropractor Dr. Steven A. Mathews, who serves patients in West Chester, Pennsylvania.



New York, New York City, Mar 9, 2021 ([IssueWire.com](https://www.issuewire.com)) - Dr. Mathews, also known as “Doc Steve”, is a sports chiropractor who specializes in the treatment, prevention, and rehabilitation of soft tissue injuries.

Dr. Mathews is accredited in the Active Release Technique, which is considered to be the “Gold Standard” for muscle work. He is also accredited in the Graston Technique, which is a patented form of manual therapy that uses stainless steel tools to perform muscle mobilizations. Combined, both techniques produce unparalleled results.

Dr. Mathews is currently serving patients at Innovative Muscle Therapy and Pain Center, LLC, located in West Chester, Pennsylvania. Programs offered at the Center include treatment for sports injuries, functional rehabilitation for pre and post-surgery, core training, full body biomechanical evaluation (sport specific), personal training and rehabilitation program, as well as dynamic warm-up routine instruction. Above all, “performance enhancement at all levels” for local athletes and patients is the main goal.

Dr. Mathews received his Doctor of Chiropractic (DC) degree from New York Chiropractic College in 2003. New York Chiropractic College is a private alternative health college in Seneca Falls, New York. It is one of 18 chiropractic colleges in the United States.

Chiropractic is a form of alternative medicine mostly concerned with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. Sports chiropractic is a specialty of chiropractic. It generally requires post-graduate coursework and a certification or diplomate status granted by a credentialing agency recognized in a practitioner’s region.

As a sports chiropractor, Dr. Mathews specializes in the care of musculoskeletal injuries, including prevention. He has extensive diagnostic knowledge and skill to recognize fractures and soft tissue tears. Furthermore, his attention to detail, combined with his unique treatment techniques, ensures that each patient receives individualized care.

Dr. Mathews enjoys local high school sports, volunteering in the community, and contributing to the success of its athletics program.

Learn More about Dr. Steven A. Mathews:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/786626-Steven-Mathews-chiropractor-Aston-PA-19014> or through Innovative Muscle Therapy and Pain Center, LLC, <http://iseedocsteve.com/staff>

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