

# Stella Launches Nationwide Access to Cutting Edge PTSD Treatment

The medical institution champions the use of a unique procedure called the Stellate Ganglion Block (SGB) to alleviate the symptoms of PTSD

Illinois, Chicago, Mar 12, 2021 ([Issuewire.com](https://www.issuewire.com)) - CEO of [Stella](#), James R. Williams is proud to announce the nationwide expansion of access to the trauma treatment technique called the [Stellate Ganglion Block](#) (SGB), a breakthrough treatment for PTSD [recently featured in Forbes](#). While the technique is over one hundred years old and historically used for pain management, one of the world's foremost experts on trauma **Dr. Eugene Lipov** has pioneered this procedure for the treatment of post-traumatic stress.

Dr. Lipov is the Chief Medical Officer of Stella, a managed services organization dedicated to treating PTSD using SGB. Founded in May 2020, Stella is expanding from Chicago to clinics in cities across the nation: in Florida, Coral Gables, Bonita Springs, and West Palm Beach; in Texas, Austin and Dallas; Anchorage, Alaska; San Diego, California; New York City, New York; Mahtomedi, Minnesota; Seattle, Washington; and Viktor, Idaho offering more access to treatment for the 8 million adults in the US who suffer from PTSD.

Joining Dr. Lipov and Mr. Williams in leading Stella is Chief Psychologist **Dr. Shauna Springer**, a leading expert on psychological trauma, military transition, and suicide prevention who is known for her groundbreaking work with military veterans.

*"We need to expect that we will be seeing a lot more cases post-pandemic," says Dr. Lipov. "Our current situation has put pressure on all areas of society, and my sense is that we will be seeing a lot more people silently suffering from PTSD from everyday walks of life."*

That's why Stella is rolling out access to the SGB across the U.S. In addition to the home of Stella in Chicago, Dr. Lipov himself has certified and advised a dozen leading pain specialists and anesthesiologists on administering the SGB procedure.

**PTSD has been misinterpreted** - it is a physical injury, not a disorder, to the sympathetic nervous system. The stellate ganglion block is a non-invasive, 30-minute procedure: an anesthetic injection into a nerve cluster in the neck that treats the injury by "pruning" extra nerve growth and eliminating the source of the often life-crippling sensory conditions that PTSD patients experience on a daily basis. To date, 80% of patients treated with the SGB at Stella experience both immediate and long-term freedom from trauma-related symptoms.

Trauma is much more common than we think and extends far beyond combat veterans and victims of violence. Research from Stella shows [25% of patients](#) report “Other” as the cause of their trauma, on par with warfare experiences and sexual trauma. The pandemic’s taxing conditions have pulled on the veil back, with experts predicting that [15% of Americans could suffer PTSD after Covid-19](#).

This groundbreaking treatment is now available in the following cities under the guidance of doctors that have been advancing pain treatment in their own right:

- **Florida**

**Coral Gables - Dr. Raul Cruz** has been a licensed, practicing anesthesiologist for 10 years, involved in anesthesia practice ranging from procedural medicine and all surgical subspecialties. Dr. Cruz has developed expert knowledge in the use of IV ketamine to treat burn patients, as well as those with acute and postoperative pain. He has had success treating patients with comorbid depression, anxiety, and PTSD.

**Bonita Springs - Dr. Jennifer Sandadi** is an accomplished educator and author of numerous peer-reviewed publications and serves as the medical director for an outpatient surgery center. She has a vast knowledge of acute and chronic pain management and a passion for continuing to help our growing population in Southwest Florida.

**West Palm Beach - Dr. Rosemary Daly** is an interventional spine/pain physician and completed her Anesthesiology residency at the Montefiore Medical Center in New York City, having received her medical degree from the New York College of Osteopathic Medicine in Westbury, New York. Dr. Daly employs a comprehensive approach to pain management with the goal of reducing chronic and debilitating pain over the long-term.

- **Texas**

**Dallas - Dr. Robert Groysman** has been working as a pain specialist ever since focusing on spine and sports medicine. He has spearheaded an extensive regional anesthesia and nerve block program based around using ultrasound guidance for optimal accuracy in the delivery of anesthetic medications.

**Austin - Dr. Brannon Frank**, is a specialist in spinal procedures, such as stellate ganglion blocks. Dr. Frank has performed hundreds of stellate ganglion blocks to treat complex regional pain syndrome and has recently found success in performing stellate ganglion blocks to ease the symptoms of post-traumatic stress disorder.

- **Anchorage, Alaska**

**Dr. Luke Liu** is board certified in both Pain Management and Anesthesiology through the American Board of Anesthesiology. He then completed his Anesthesiology residency and Interventional Pain Management fellowship at UCSF Medical Center in San Francisco.

- **San Diego, California**

**Dr. John How** is a board-certified emergency medicine physician with over a decade of experience in the emergency department, specializes in treating an array of musculoskeletal and mental health conditions. He has also trained and continues to work with pioneers in the use of ultrasound-guided injections to treat PTSD.

- **New York City, New York**

**Dr. Jonathan Kuo** is a Board Certified Anesthesiologist and Pain Medicine Specialist. Dr. Kuo has been in practice for 12 years now and has extensive experience with minimally invasive image-guided targeted treatments for pain. He is also involved in Neuromodulation and IV infusions for the treatment of chronic pain.

- **Mahtomedi, Minnesota**

**Dr. Ron Hanson** specializes in researching, developing, and utilizing advanced cellular therapies. His passion for minimally invasive healing therapies has led him to research some of the most innovative and advanced technologies available for his patients.

- **Victor, Idaho**

**Dr. Allison Mulcahy, MD** is currently an Adjunct Professor of Emergency Medicine with the University of Utah and the University of Washington. After 14 years of shiftwork in the ER, and many months of treating patients in disaster settings, Dr. Mulcahy is well acquainted with the impacts of trauma. She has seen the benefit of Stellate Ganglion Blocks on herself and many patients and is excited to partner with Stella to help make them accessible to more people.

- **Seattle, Washington**

**Dr. Jason Attaman** is a medical school Clinical Assistant Professor, and fellowship-trained in the medical subspecialty of Pain Medicine and Interventional Pain Management, and Physical Medicine and Rehabilitation. He is one of only a few with such extensive qualifications in the state of Washington. He has performed stellate ganglion blocks for over a decade.

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