

Get to know Internist and Pediatrician Dr. Yvette Mignon, who serves patients in Tallahassee, Florida.

Yvette Mignon, MD, an Internist and Pediatrician with Health & Wellness Integrated Healthcare Centers, Impact Behavioral Health, The Wellness Center by Dr. Mignon, and Freedom Recovery Services



New York, New York City, Mar 15, 2021 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Mignon is a well-versed internist and pediatrician in Tallahassee, Florida. She serves as the CEO and CMO of Health & Wellness Integrated Healthcare Centers, Impact Behavioral Health, The Wellness Center by Dr. Mignon, and Freedom Recovery Services.

In the spring of 2003, she had the idea of opening a family practice medical clinic (Health & Wellness Integrated Healthcare Centers) devoted to serving the primary healthcare needs of the Tallahassee community, but she didn't stop there. In February of 2009, with help of Nancy Bass (Licensed Mental Health Counselor), Impact Behavioral Health was started to provide mental health counseling and to expand on the services for patients in Tallahassee and the Tallahassee metropolitan area.

With a unique style, Dr. Mignon has a truly comprehensive and compassionate approach to caring for families from throughout the life cycle and addressing the integration of a mind-body-spirit approach to one's overall health. At The Wellness Center by Dr. Mignon, the focus is put on a result-driven approach from the highest quality of services, holistic approach, spiritual health, and overall sense of well-being.

As a component of her multifaceted practice, Dr. Mignon opened Freedom Recovery Services, which provides transitional sober living accommodations along with structured job assistance and other needs for the residents.

When asked why she does what she does for her patients, she answered: "It's because I want them to have the best life possible and I believe in them". The motto of my office is 'BECAUSE EVERYONE MATTERS'. The patient-physician relationship that develops over time is good for my spirit too."

A native of Tallahassee, Dr. Mignon graduated from Leon High School. She went to attend medical school at the Tufts University School of Medicine in Boston, Massachusetts and completed her residency training in internal medicine and pediatrics at Yale University Hospital in Connecticut.

With over two decades of experience, the doctor is board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Among her professional affiliations, Dr. Mignon is a member of the American College of Physicians, the American Academy of Pediatrics, the American Society of Internal Medicine, the Florida Medical Association, and the Capital Medical Society. She attributes her success to enjoying helping people be the best that they can be.

A Clinical Assistant Professor at Florida State University College of Medicine, she maintains a strong affiliation to the Tallahassee community where she is active in various charities.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Pediatrics is the branch of medicine that involves the medical care of infants, children, and adolescents. The American Academy of Pediatrics recommends people be under pediatric care up to the age of 21. Pediatricians provide medical care to people ranging in age from newborns to young adults. They are trained to examine, diagnose, and treat children with a wide variety of injuries and illnesses through all of their developmental stages, as they grow and mature.

Learn More about Dr. Yvette Mignon:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82416689-Yvette-Mignon-Addiction-Medicine-Specialist> or through Health & Wellness Integrated Healthcare Centers, <https://hwfla.com/about-us/>

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