

Former Collegiate Tennis Star Turns to Art to Continue Creative Performance Motivation

Jeffrey Sparr Shows How Creativity Became His Superpower as SportsEdTV Contributor



Florida, Miami, Mar 28, 2021 ([Issuewire.com](https://www.issuewire.com)) - [SportsEdTV](#) has added Jeffrey Sparr, a former Ohio State tennis athlete who turned to paint to subdue the Obsessive-Compulsive Disorder (OCD) which plagued his sports career but gave him a creative outlet and sense of control he describes as a superpower.

“We hear of the compulsive tendencies of some athletes, and felt that Jeff’s wisdom would be valuable to share with our audiences, especially those young athletes who display similar leanings,” said Robert

Mazzucchelli Founder and Chairman [SportsEdTV](#).

For Sparr, the discovery of painting was the discovery of his superpower and his purpose in life. Jeff has dedicated his life to sharing this healing superpower with people in need around the globe through his painting, speaking, and workshops.

“Jeff has spent the past 20 years sharing his story with diverse communities and as a former high-level athlete knows the dangers of OCD that lurk in passionate players, so looks forward to sharing his creative solutions with athletes who may incur similar conditions—a service we’re pleased to offer,” said [SportsEdTV](#) CEO Victor Bergonzoli.

Sparr’s solution has been featured on NBC Nightly News, The Discovery Channel, NPR, Hallmark, Zappos, The World Economic Forum, YMCA Global Conference, TEDx, Social Venture Network, Ohio State University, Harvard University, Brown University Department of Neuroscience, McLean Hospital, and Cannes Lions.

About [SportsEdTV](#): [SportsEdTV](#) exists to help athletes, coaches and parents LEARN, WIN, and CELEBRATE. We don’t expect everyone who uses our learning tools to become a world champion - that’s not our mission.

We do expect people who use our educational resources to become their own champions, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it’s becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness.

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents, and coaches can interact, connect, chat, share content and find new friends. [SportsEdTV](#) videos feature coaching from world-class coaches and athletes - many of whom are or have coached world-champions - and have been watched by viewers in every country in the world.

Media Contact

SportsEdTV

rmazzucchelli@sportsedtv.com

Source : SportsEdTV

[See on IssueWire](#)