

Zorba Books offers a self-improvement book, like no other, by Psychologist KR Goswami

Rediscover the 21 Resilient Potentials Within You with book *Explore Your Ideal Version*

EXPLORE YOUR IDEAL VERSION

Rediscover 21 Resilient Potentials Within You



KR Goswami (MA Psychology)

Haryana, Gurgaon, Feb 2, 2021 ([Issuewire.com](https://www.issuewire.com)) - Author Mr. Kantigiri Goswami, a psychologist, launches the second book in the series Explore Your Ideal Version published by Zorba Books. Explore Your Ideal Version, a book to rediscover the hidden potential.

Explore Your Ideal Version was published in Gurgaon on 1st February'21 and made available in India and Internationally.

Kantigiri says, "I am writing this series to share insights that came with many successes and some failures while helping people over the decades. I thought it would be selfish for me to keep this knowledge with myself. So, I decided to publish my insights and triumphs in a series of books."

To the question Is this book for everyone he says, "I would like to say that it is only for those people who have burning desire to scale up their level in all walks of life."

We often forget to connect with ourselves. The entire series of books attempts to introduce and share a latent strength that is available within each one of us. Unfortunately, very few are aware of their personal universe and tend to overlook it and focus on trivial and unimportant things.

This series is an outcome of psychological studies carried out through the past few years. An attempt to help people step-by-step, guide them to nurture themselves, and preserve an individual's inner strength. During this process, every reader may come closer to himself and gain the power to make changes in his behaviour and thoughts, which are essential for his internal growth and progressive success in life.

The series is divided into different aspects. The author offers practical yet straightforward guidance on how individuals can find his universe and make it favourable to help him achieve all that he desires.

What this series is not: a preachy self-help book that will bore you with what you already know.

Building better humans by exploring all possible abilities and resources will definitely make our planet a worthwhile place. For more information on this book visit, <https://www.zorbabooks.com/store/self-help/explore-your-ideal-version-improve-my-life/>

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