

Stella Cruz, PsyD, a Licensed Clinical Psychologist with Kaiser Permanente Cumberland Medical Center

Get to know Licensed Clinical Psychologist Dr. Stella Cruz, who serves patients in Atlanta, Georgia. As a licensed clinical psychologist, Dr. Cruz works within the Department of Psychiatry at Kaiser Permanente Cumberland Medical Center in Atlanta, Georgia.

New York, New York City, Feb 18, 2021 ([Issuewire.com](https://www.issuewire.com)) - As a licensed clinical psychologist, Dr. Cruz works within the Department of Psychiatry at Kaiser Permanente Cumberland Medical Center in Atlanta, Georgia.

Founded in 1945, Kaiser Permanente is recognized as one of America's leading health care providers and not-for-profit health plans. It currently serves 12.4 million members in 8 states and the District of Columbia. Its mission is to provide high-quality, affordable health care services and to improve the health of members and the communities it serves.

In 2019, Dr. Cruz graduated with her Doctor of Psychology degree from Ponce Health Sciences University in Puerto Rico. That same year, she joined Kaiser Permanente.

Remaining up to date in her field, she is a member of the American Psychological Association (APA). The APA is a scientific and professional organization that represents psychologists in the United States.

Clinical psychology is a broad branch of psychology that focuses on diagnosing and treating mental, emotional, and behavioral disorders. Some of the more common disorders that might be treated include mood disorders like depression, anxiety, or bipolar disorder, in addition to trauma-influenced problems such as personality disorders and behavioral difficulties like eating disorders. Licensed clinical psychologists meet with patients to identify problems - emotional, mental, and behavioral - occurring within their lives. Through observation, interviews, and psychological tests, they aim to diagnose any existing disorders or difficulties for their patients.

On a more personal note, Dr. Cruz speaks both English and Spanish.

Learn More about Dr. Stella Cruz:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82738660-Stella-Cruz-Psychologist> or through Kaiser Permanente, <https://healthy.kaiserpermanente.org/georgia/clinicians/stella-cruzrodriguez-4952983>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Stella Cruz, PsyD

[See on IssueWire](#)