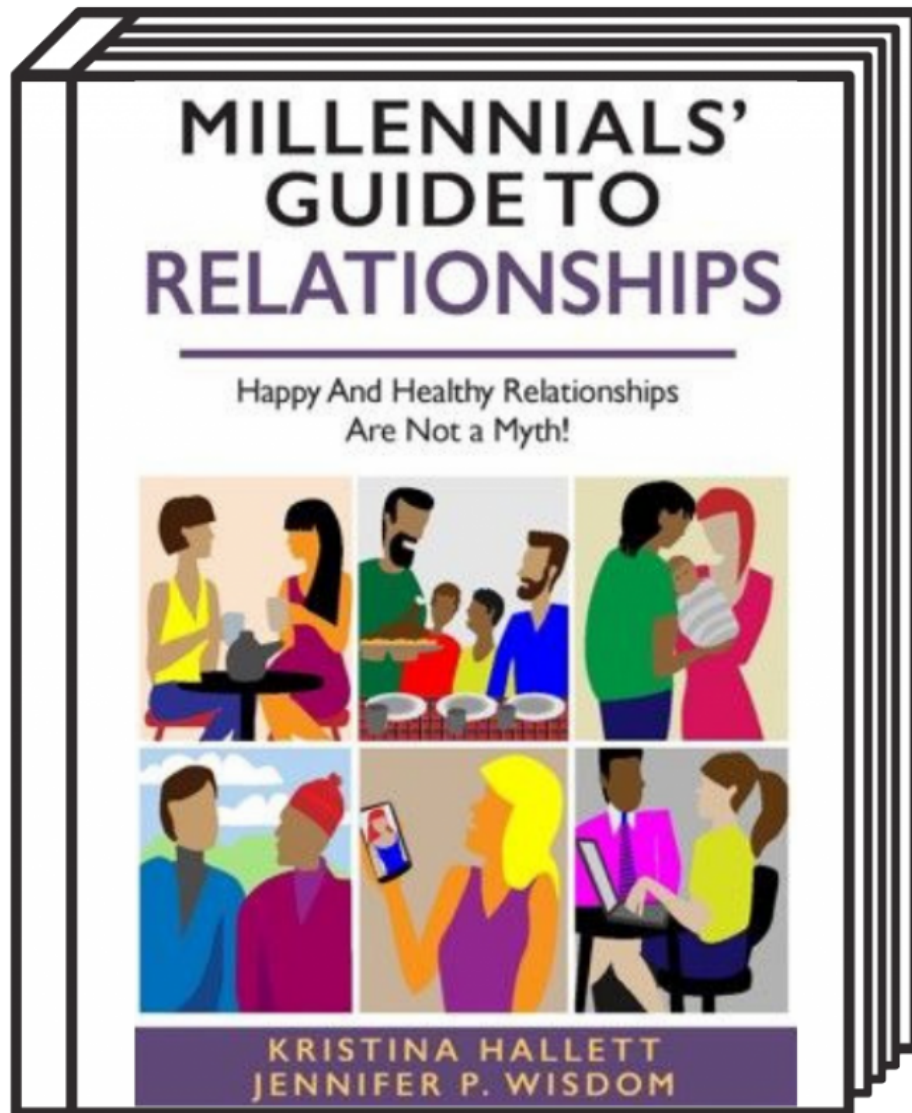


“Millennial’s Guide to Relationships” and navigating romantic partnerships



New York, New York City, Feb 12, 2021 ([Issuewire.com](https://www.issuewire.com)) - Romantic partnerships are a hot topic for most people and especially Millennials. As a Millennial in their 20s-30s, romantic relationship dynamics have shifted dramatically for this generation in particular. Millennials operate in the modern dating scene with dozens of dating apps to choose from, social media overload, and constant stimulation. It can be overwhelming to enter today’s dating scene. *Millennials Guide to Relationships* outlines the stages and challenges the reader might be going through in their current relationship or future relationship. This book spends a large section dedicated to romantic relationships as there’s so much to be covered! From understanding what you’re looking for in a relationship to making a relationship work, to breaking up, and dating after a breakup. This is a section of the book many readers will jump to immediately.

Marriage is a big commitment, and many Millennials are tying the knot later in life or deciding to not get married at all. It's a decision our generation has not taken lightly as many Millennials have experienced their own parents going through a divorce or they may have had a divorce themselves. There is an entire section in this book dedicated to marriage and provides an excellent list of considerations for the reader before they decide to make that giant leap. Two major questions the authors ask the reader to consider are 'what do you want?' and 'why do you want it?'. It may seem simple to answer, but when you start to write your list of reasons or think about it there are many insights or deeper questions that may arise. The easy and yet thought-provoking questions and considerations in this section can provide the reader with some introspection before they make a big life decision.

While the majority of this section focuses on dating, being in a relationship, and breaking up, it also provides tools for those who are not dating or in a relationship. Millennials especially those in their 30s who are single will find this section to be a great resource. It's refreshing to read a book that doesn't stress the need to date or be in a romantic relationship. This book gives the reader permission to be single and feel empowered. While there's still so much pressure in our society to get married or be in a long-term commitment with someone this guide gives the reader refuge in being ok being single without any judgment. It redirects the focus to you and your wants and needs instead of focusing on the pressure of friends, family, or social media to dictate what life you should be living. Be you and own it! We are living in a fast-paced culture and rush to meet "the one" and fall in love, but in reality, it doesn't work that way. This guidebook continues to redirect the reader to follow what they truly want and come to an empowered place to guide their desires into reality.

Most of us have been trying to figure out how to date, have safe sex, or be in a relationship during the pandemic and this book even has a section covering this topic. *Millennials Guide to Relationships* offers readers advice on what to do during the pandemic and still, date, have safe sex, or a healthy relationship. Clarifying boundaries is an essential aspect of all romantic relationships, but it's especially important during a pandemic. What one partner might feel ok with the other might feel very uncomfortable. Defining these before you go out on that date or meet up with your partner is necessary so both parties feel safe. This book has an eloquent way of providing the reader with essential tools and ideas to think about when dating during the pandemic. Millennials will find this section extremely useful whether they are dating, hooking up, or in a serious relationship. This book is essential for all Millennials' to have when navigating the complexities of romantic relationships in modern society.

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