

Lisa Ann Batson, MD, a Psychiatrist with Crystal Run Healthcare Middletown

Get to know Psychiatrist Dr. Lisa Ann Batson, who serves patients in Middletown, New York.



New York, New York City, Feb 18, 2021 ([Issuewire.com](https://www.issuewire.com)) - A well-respected, fellowship-trained psychiatrist, Dr. Batson joined Crystal Run Healthcare Middletown in 2013. Her clinical interests include treating children, adolescents, and adults with mood disorders, ADHD, disruptive behavioral disorders, psychotic disorders, and school-based psychiatry.

With a passion for her specialty, she loves interacting with people, learning about life experiences, helping them through tough times, and celebrating their successes. She is fascinated by the mind-body relationship and intrigued by continual advances in diagnosing and treating mental illness. She enjoys working as a team with therapists and other medical providers. She was named a favorite Child and Adolescent Psychiatrist by Hudson Valley Parent Magazine in 2019.

"I like to ensure comfort throughout the appointment by providing a relaxed atmosphere. Patients and their caregivers should leave the office educated on diagnoses, confident with treatment plans and with all questions or concerns answered" expressed Dr. Batson.

Graduating Summa Cum Laude with her undergraduate degree from Quinnipiac University School of Health Sciences, she went on to embark on her medical journey. She earned her medical degree from the American University of the Caribbean School of Medicine in 2008. She then went on to serve her residency in psychiatry at Wake Forest Baptist Medical Center in 2011, and her fellowship in child and adolescent psychiatry at the University of Louisville in Kentucky in 2013. During her fellowship, she received the Mohammad Shafii, M.D. Award for Excellence and the Distinguished Laughlin Fellow Merit Award.

"I was exposed to the medical field when I was very young. I remember observing doctors moving quickly through the hallways while I asked myself 'what do doctors do and how do they help people?' As the years progressed, I was encouraged by several of the doctors that I or my family came in contact with. I decided to learn more about the profession and ultimately answer my own question of how do doctors help people the best way that I possibly could...by becoming one" stated Dr. Batson.

In addition to her affiliation with Garnet Health Medical Center, she is board-certified in adult psychiatry & child and adolescent psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Her advice to her patients is "Be honest with your feelings and do not be ashamed to accept the help offered. Set goals, exercise, eat a balanced diet, socialize, take a deep breath, surround yourself with positive people, and laugh...it's the best medicine."

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Outside of the office, Dr. Batson enjoys spending time with her family, friends, and husband, exercising, shopping, and being near the beach.

Learn More about Dr. Lisa Ann Batson:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/656613-Lisa-Batson-Psychiatrist> or through Crystal Run Healthcare, <https://www.crystalrunhealthcare.com/doctors/lisa-batson>

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