

Jason Strandberg, DC, a Chiropractor with Lake Minnetonka Mobile Wellness

Get to know Chiropractor Dr. Jason Strandberg, who serves patients in Minnetonka, Minnesota.



New York, New York City, Feb 10, 2021 ([IssueWire.com](https://www.issuewire.com)) - Having been in practice since 2000, Dr. Strandberg tends to patients' chiropractic needs at Lake Minnetonka Mobile Wellness. He is thorough and understands the importance of caring for each patient as an individual. It is his passion to help people get better, particularly when they have been suffering and are unsure whether they will get results.

Growing up in the Lake Minnetonka area, Dr. Strandberg knew that it would be the perfect place to offer convenient mobile services or people. Rather than going to a doctor's office with a long commute, then waiting around for one's turn, the professional staff at Lake Minnetonka Mobile Wellness will come right to you. Serving all needs, some of the services that they offer include chiropractic care, auto accidents, acupuncture, physical therapy, personal training, and massage therapy.

As a high school basketball player, Dr. Strandberg injured his knee. His orthopedic surgeon said a sprained ACL could be treated by surgery and rehabilitation or rehabilitation as a stand-alone therapy. Dr. Strandberg chose the non-surgical option, involving physical therapy and chiropractic. This experience made him decide on chiropractic as a future career path.

He completed a degree at Luther College in music and premed. Then, he moved on to Northwestern Health Sciences University to earn his Doctor of Chiropractic degree. He also studied osteopathic medicine and earned additional certifications in sports medicine rehabilitation and occupational health.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

An extreme extrovert, Dr. Strandberg loves making connections and getting to know people. He is one of three sons and is close in age to his brothers, one of whom is a pilot, and the other a computer programmer educator. His family is close and spent much of his childhood gathered together at his grandmother's cabin and playing baseball, basketball, and football.

Happily married, he and his wife, Emily, have two kids together, Asher and Noah. They enjoy going for bike rides, skiing, and spending time together as a family.

Today, Dr. Strandberg is a family man who plays piano and sings in the church choir. One might be surprised to learn that he was a keyboard player in a band that had a number-one hit in the Philippines! The band played the R&B/funk music that was popular back in the 90s, and he even got to tour around Manila.

Learn More about Dr. Jason Strandberg:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1434022-Jason-Strandberg-Chiropractor> or through Lake Minnetonka Mobile Wellness, <https://www.lakeminnetonkamobilewellness.com/dr-jason-strandberg>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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