Toshina Crockett-Espinoza, DC, a Chiropractor with Crockett Family Chiropractic

Get to know Chiropractor Dr. Toshina Crockett-Espinoza, who serves patients in California.


Dr Tashi DC

New York, New York City, Feb 11, 2021 (Issuewire.com**)** - Recognized as a top chiropractor, Dr. Crockett-Espinoza is the Owner of Crockett Family Chiropractic, seeing patients at the offices Irwindale and Whittier, California. She helps patients with problems of the neuromusculoskeletal system, which includes nerves, bones, muscles, ligaments, and tendons.

Serving the pediatric & perinatal population, some of the services that she offers include activator adjustment, cranial manipulation/adjustment, exercise counseling, cervical spine manipulation/adjustment, drop table adjustment, and virtual consultations.

Throughout her academic career, Dr. Crockett-Espinoza graduated Cum Laude with her Doctor of Chiropractic degree from Southern California University of Health Sciences, Los Angeles College of Chiropractic in 2019.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Toshina Crockett-Espinoza:

Through her findatopdoc profile, https://www.findatopdoc.com/doctor/82738468-Toshina-Crockett-Espinoza-Chiropractor or through Crockett Family Chiropractic, https://crockettfamilychiropractic.janeapp.com/#staff_member/1

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